



Muirfield Matters

Issue 1 2019

Term 1 Week 3

From the Principal - Ms Reeves

Welcome to all parents and students! I especially welcome our new students and their parents.



Outstanding HSC Results

We congratulate our 2018 Year 12 for their many

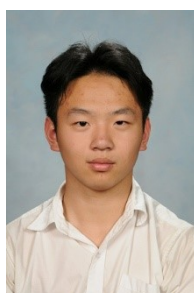


outstanding results. Our Dux was Lily Tomlin with an ATAR of 98.45. Lily had a broad pattern of study – English (Advanced), English Extension 1, Biology, Legal Studies, Mathematics General 2 and PDHPE. With Band 6s in all of her courses, Lily was rewarded for her hard work and sharp intellect and was placed on two of

NESA's merit lists: the All-round Achievers merit list and the Distinguished Achievers list.

We had two students on the Top Achievers in Course list. This lists students who achieved one of the highest places in an HSC course or VET exam:

- Yixin (Jo-jo) Kang 6th in the state in Mathematics Extension 2
- Stephanie Williams 2nd in the state in Primary Industries



Twenty-seven students were placed on the Distinguished Achievers List for a range of courses.

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2018 HSC Muirfield Distinguished Achievers List

Madeleine Baldock	PDHPE
Samantha Batten	Mathematics General 2
Chris Bednar	Primary Industries
Renee Capes-Davis	Ancient History, Visual Arts
Mirrabelle Chen	Society and Culture
April Clayton	Mathematics General 2, Visual Arts
Deborah Hanslow	Mathematics General 2, Society and Culture
Andrew Kanaan	Mathematics General 2
Yixin (Jo-jo) Kang	Mathematics Extension 1, Mathematics Extension 2
Siying (Claire) Liang	Mathematics
Samuel Longo	PDHPE
Taj Lyons	Society and Culture
Emma Mansfield	Music 1
Aiden Marshall	Ancient History, English (Advanced)
Nathan O'Shea	English (Advanced), Legal Studies, Society and Culture
Eloise Pearson-Hatchwell	Mathematics General 2
Yunhan (Suri) Pu	Mathematics Extension 1
Jayden Rains	Information and Digital Technology
Justin Sia	Mathematics
Matthew Swain	Industrial Technology
Lily Tomlin	Biology, English (Advanced), English Extension 1, Legal Studies, Mathematics General 2, PDHPE
Ruiqi (Mark) Wang	Mathematics Extension 2
Zi Yu (Michael) Wang	Mathematics Extension 2
Stephanie Williams	Primary Industries
Emily Wilmshurst	Mathematics General 2
Sophie Winter	English (Advanced), Mathematics General 2, PDHPE, Society and Culture
Kun (Sharon) Xu	Mathematics

In addition, the following students achieved a notional Band 6 in Mathematics Extension 2: Qishen (Jack) Feng, Qiuyang (Lydia) Li, Yashi Lin, Zhongjian (Ken) Luo, Yunhan (Suri) Pu, Wanning (Kenzi) Wang.

Again, as was the case last year, over 80% of our courses had a greater percentage in the top three bands than the state. Well done to all our students and teachers.

School Uniform – donations accepted!

It was pleasing to stand under the COLA at our recent assemblies and see nearly all our students return for the beginning of the academic year so well attired. Wearing the correct uniform indicates that the student is part of the community and accepts the school standards and expectations. It is important this wonderful standard be maintained throughout the year. Parental support of our school uniform policy is vital to this.

If you have any uniform items that your child has outgrown, please consider donating to the school. We help families who need some assistance. Alternatively you can donate items to the uniform shop, who resell items, making uniform affordable for all.

Staff Movements for 2019

Mrs Hosen has had to take leave for the start of the year as one of her children is not well. We wish her child a speedy recovering and hope Mrs Hosen will be back to us soon. In the meantime, Ms Anderson is relieving as Deputy Principal. She has relieved in this position on several occasions and knows the students well.



I have created a new position for 2019 – Deputy Principal Support. This position will look at how we as a school can work with students, parents and the community to build resilience and to promote mental health in students



and to support students who are undergoing mental illness. Ms Coates was successful in gaining the position. She brings a wealth of experience. This term she is talking with staff, students and parents about what works and what we might do and looking at our current processes. More information on this important work will come out throughout the year.

Ms Ansoul was successful in gaining the position of Head Teacher Senior Studies, recently vacated by Mr Finley when he gained the promotion to Deputy Principal at The Forest High School. We will be filling the vacant English teacher position soon. In the meantime, I have appointed several temporary teachers in the English faculty. All know Muirfield well – either as ex-students or prac teachers.



Late at the end of last year, Mr Skevington gained a position closer to his home. While he did not want to leave us, the drive down the M1 was wearing him down. We are currently advertising for an Agriculture/Science teacher to fill this position. We are also trying to fill the Food Technology/VET Hospitality position left vacant by Ms Sheath's departure after extended leave.

School Photographs

Mrs Scott did a wonderful job organising photo day. These photographs serve as a wonderful memento of school life and are great to look back upon in future years. Year 12 fun photo continues to be a tradition at Muirfield where students show amazing creativity.

School Contributions

This week we will send out invoices for 2019 fees. The invoice contains full costing of elective fees and general contributions. I thank those families of Year 7 students who have already paid the invoices. I appreciate families paying the invoices as soon as possible.

Invoices are sent by email, using the "School Bytes" app. The link on the email is live, meaning you can see, at any time, current items invoiced (such as excursions, swimming carnival, elective fees) and not yet paid. When you click on the "pay now" link, you will be taken to the Westpac secure portal. Paying this way is better than sending cash to school as there's no worrying about your child losing money or forgetting to put it in. Also, you get an email from Westpac with a receipt when your payment is processed, making it easier for you to keep track of payments.

Subject contributions are used to purchase consumables for use in class. The general contributions are used to fund the extras we all would like our children to have and that are not provided for in government funding, such as on-site technology support.

Funds raised are necessary for student electives to continue in their current format, while the general contribution supports a variety of student programs and needs, including the purchase of the most appropriate texts and resources to support student learning. Parents will note the P&C contribution – one per family - which is also included on these schedules. The P&C funds have been used to install air conditioners, support the school youth support officer (Stu – also known as the chaplain), install motorised blinds in cathedral ceilings in Mathematics classroom and pay for ground improvements. These improvements make a great difference to the amenity, and of the experiences and comfort of students.

It is most fortunate our parents and community do so strongly support the school and value the education their sons and daughters receive. We need this support to continue in 2019. If you have any issues, for example would like to set up a payment plan, please contact Julie Ogle, the Business Manager.

Year 7 Starting High School

Since starting at Muirfield, Year 7 students have been plunged into school life. This big step has been aided by our wonderful Year 11 Peer Support Leaders who have done a marvellous job of organising activities and supporting students in their transition to high school.



My congratulations are extended to Mr Roberts for his fabulous organisation of the program.

This year, we have trialled giving Year 7 their own area so they can find their feet – and their friends – in the new setting. Year 7 students seem to be making the most of having a space of their own.



In two weeks, Year 7 head off to camp. This always proves to be the best way for students to make new friendships as well as building confidence and independence.

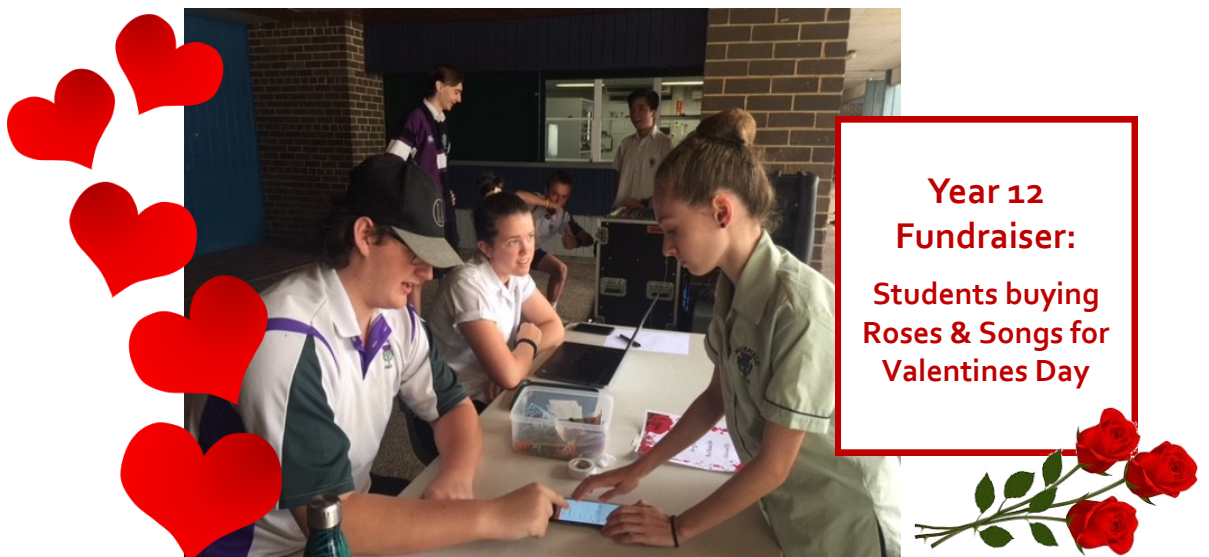


Open Evening – Monday 4 March, 5-7pm

If you have family or friends who are interested in sending their children to Muirfield, our Open Evening is coming soon. It is always has such a positive celebratory feel – much like a primary school Education Week extravaganza – that I wish we could invite existing parents. But as space is at a premium and the hall is over-flowing with prospective families, we have to limit our invitations to those looking to enrol at Muirfield. The students who volunteer to act as guides or assistants really enjoy the evening.

Student Attendance

We know regular attendance is essential to assist students to maximise their potential. School staff monitor and record student attendance as part of our duty of care. We know that attendance can be affected by a number of factors. Not attending school is often the first indication of deeper problems. Parents can view the marked morning roll via the parent portal. If you note an issue, contact the front office so we can fix or clarify the matter. Parents can notify the school of their child's absence via the portal, by phone or by email. (Year 7 parents will soon have access to the portal.) If you have any concerns or questions, for example about taking extended leave, contact the office. The office staff will be either able to answer your questions or put you through to the person best placed to help.



The Australian All Schools Athletics Championships

In our last newsletter, we were happy to share some of the amazing results of a couple of our students; Emma Thomas, Chloe Krklinski and Caitlin Roach.



Emma, Year 8, has once again produced some outstanding results when she represented Muirfield and NSW at the recent Australian All Schools Athletics Championships held in Cairns on 7 to 9th of December 2018.

Emma travelled to Cairns as part of the NSW All Schools squad to compete at the Australian All Schools Athletics Championships. Her Event was the 3000m race walk which they competed in on Friday night on the 7th of December.

The weather wasn't favourable as it was pouring sheets of rain that at times was horizontal. On the night, the field events along with all medal presentations were postponed until the following day but the walk was still on. Emma did fantastic and was fortunate enough to finish second and win a national silver medal.

We thank her parents for sharing these amazing results and look forward to sharing her future sporting achievements.



Notice to all Parents

Creative Kids now join Active Kids

Active Kids and **Creative Kids** are programs designed to encourage more children to participate in sport, active recreation and creative and cultural activities.

Each year, parents, guardians and carers can receive a \$100 voucher to go towards both creative and physical activities for school aged children. That's \$200 worth of savings per year for each child.

A **Creative Kids** voucher will help parents to cover some of the registration, participation and tuition costs on activities such as singing, drama, coding, languages, music, writing, drawing and photography.

The **Active Kids** voucher can be used on sports, fitness and physical activities for registration, participation and membership costs.

The vouchers can be used once with an approved provider (external to Muirfield). To find out more, parents need to visit service.nsw.gov.au.

PARENT AND CAREGIVERS

PLEASE DO NOT DRIVE INTO THE SCHOOL GROUNDS

In the interests of student safety, **parents and caregivers are not permitted to drive onto school grounds at any time, including before or after school, to drop off or collect students, or to attend meetings with staff.**



There are deliveries and staff accessing the car park at different times during the day and the access is very narrow.

The only exceptions to this is when either you or your passenger has a disability or if you are picking up a sick or injured student.

STUDENT SAFETY IS UP TO ALL OF US

THANK YOU FOR PLAYING YOUR PART

P&C News

Dear Muirfield families,

A big welcome to all our new Muirfield families, and welcome back to our returning families. Our school has an active P&C that supports our school staff and students. Muirfield parents play a vital role within our school community.

At our AGM our office bearers will be elected. All P&C members who were 2018 financial members as at our last meeting are eligible to vote and be elected. The following roles need to be filled:

- President
- Vice-president
- Secretary
- Treasurer
- Grants co-ordinator

CAPA sub-committee roles:

- Co-ordinator/liaison
- Treasurer

We also need help on our sub-committees. We have staff members who do a wonderful job running our uniform shop and canteen. Our sub-committee members support the staff members and volunteers. The following roles are vital to the running of our canteen and uniform shop:

- Convenor
- Secretary
- Treasurer

If you do not wish to serve on any of the committees but would like to know more about what is happening at our school, please join us at our meetings.

Here are our meeting dates for 2019:

AGM and General meeting – second Wednesday of each month during school terms

Meeting	Date	Time
Term 1 general meetings:		
General meeting	13 February	7:30pm
AGM	13 March	7:30pm
General meeting	10 April	7:30pm
Term 2 meetings:		
General meeting	8 May	7:30pm
General meeting	12 June	7:30pm
Term 3 meetings:		
General meeting	14 August	7:30pm
General meeting	11 September	7:30pm
Term 4 meetings:		
General meeting	13 November	7:30pm
General meeting	11 December	7:30pm

Uniform shop sub-committee meetings – first Monday of each month during school terms

Date	Time
Term 1 meetings:	
4 March	7:30pm
1 April	7:30pm
Term 2 meetings:	
6 May	7:30pm
3 June	7:30pm
1 July	7:30pm
Term 3 meetings:	
5 August	7:30pm
2 September	7:30pm
Term 4 meetings:	
4 November	7:30pm
2 December	7:30pm

Canteen sub-committee meetings – first Tuesday of each month during school terms:

Date	Time
Term 1 meetings:	
5 March	7:30pm
2 April	7:30pm
Term 2 meetings:	
7 May	7:30pm
4 June	7:30pm
2 July	7:30pm
Term 3 meetings:	
6 August	7:30pm
3 September	7:30pm
Term 4 meetings:	
5 November	7:30pm
3 December	7:30pm

If you would like to be on our mailing list, just let us know by emailing us at muirfield.p.and.c@gmail.com.

We look forward to meeting you.

Charmaine Hetem

P&C President

Uniform Shop

With our new online ordering system in place, parents now have much more flexibility when ordering uniforms for their child. Students are still encouraged though, to come into the Shop during Monday lunchtime trade, to try on items for sizing. Items can then be purchased in the shop using cash, cheque or card or, at a later date/time using the Qkr app.

All orders made on Qkr for a Monday lunchtime pickup (12.30pm to 1.30pm), must be placed by midnight the Sunday before.

Black Jacket orders made on Orientation Day, are expected to arrive by the end of Term 1 2019 and dates will be confirmed in 2019. Black Jackets are available in the shop for try on to confirm sizing. Please visit us during Monday lunchtime trade.

Any questions can be directed to the Uniform Shop Committee via our email: mhs.pnc.uniform@gmail.com.

Thank you for your continued support.

Muirfield High School Uniform Shop Committee

SCHOOL TERM TRADING HOURS

Monday
12:30 - 1:30pm

1st Monday of the month
5:30 - 7pm

November 2018



Muirfield High School Uniform Shop

All uniform items now available on Qkr!

Qkr! (pronounced 'quicker') is an easy to use app that makes ordering and paying for your school uniforms quick, simple and secure.

Getting Started is Easy

Step 1 Download Qkr!

Download the Qkr! app to your phone or tablet device (App Store or Play Store)

Step 2 Register

Follow the prompts and select Australia

Set up your name and a password.

Add your credit card details.

Find Muirfield High School

Add the names of your children.

Step 3 Start shopping

Choose the next Monday delivery.

Select the items you want, add to Cart, then Checkout when you are finished.

You can view and print a receipt (or email it) if required.

Step 4 Collect purchase

Students pick up their uniform items during Monday lunchtime opening 12:30 – 1:30pm.

(Orders to be placed by Sunday midnight for Monday pick up)

What if I don't have a smart phone?

You can use Qkr! online. Go to <https://qkr.mastercard.com/for-everyone-australia/> and select "Use Qkr! Online" You will need to register and you will then be able to order uniforms online.

Questions about using Qkr!?

If you require further information or have any concerns, please email Muirfield P&C Assoc. Uniform Shop Committee on mhs.pnc.uniform@gmail.com.

Please note that Uniform Shop orders **CANNOT be made via the 'Muirfield High School' website payment system.

UNIFORM SHOP PRICE LIST



Muirfield High School P&C Association Uniform Shop Price List/Order Form Term 1 2019

15/11/2018

	Size	No.	Price	Total
Junior Boys Shirt			\$32	
Senior Boys Shirt			\$32	
Unisex Cargo Shorts			\$38	
Boys Tailored Long Pants			\$50	
Junior Girls Blouse			\$32	
Senior Girls Blouse			\$32	
Pleated Black Skirt			\$38	
Girls Black Pants			\$30	
Green Jumper			\$45	
Green Zip Jacket (while stocks last)			\$30	
Black Fleece Jacket by preorder only			\$65	
Unisex Sport Shirt			\$33	
Old Style Sport Shorts			\$15	
Unisex Straight Leg Sports Shorts			\$30	
Unisex Regular Leg Sports Shorts			\$30	
Tracksuit Jacket			\$45	
Tracksuit Pants			\$30	
Senior Ties			\$25	
Apron			\$15	
Scarf			\$8	

Total Amount Owing

\$ _____

Payment can be made by Cash, Cheque or Visa/ MasterCard

Please make cheques payable to Muirfield High School Uniform Shop

WHY NOT USE OUR ONLINE

ORDERING VIA



SEE REVERSE

Uniform shop hours:

Monday 12.30 pm to 1.30 pm

1st Monday night of the month 5.30 pm to 7 pm

(except where the 1st Monday falls during school & public holidays)

CREDIT CARD PAYMENT

Visa ☐ Mastercard ☐

Card No.

CCV

Expiry Date: /

Amount

\$

Cardholder's Name:

Cardholder's Signature:

CALENDAR OF EVENTS

Term ONE 2019		Monday	Tuesday	Wednesday	Thursday	Friday
January/ February	1	Australia Day Holiday 28	Staff Development Day 29*	School Resumes for Year 7, 11 & 12 30	School Resumes for Year 8, 9 & 10 31	1
February	2	4	5**	6	School Photo Day 7	8
February	3	11	12	P&C Meeting Staff Common Room 7:30pm 13	Swimming Carnival 14	15
February	4	18	19	20	Yr 12 Biology Excursion CAPA Committee Meeting 7:30pm Staff Common Room	22
February/ March	5	25	26	Year 7 Camp		
March	6	Open Evening 5-7pm 4	Hills Zone Swimming Carnival 5	6	Year 8 Science Zoo Excursion 7	International Women's Day Breakfast 8
March	7	Yr 11 Physics Excursion 11	Yr 11 Chemistry Excursion Elevate Parents Meeting 5:30 to 6:30 Year 11 & 12 Parent Teacher Night 12	P&C AGM Staff Common Room 7:30pm 13	14	15
March	8	18	19	20	School Cross Country Carnival 21	22
March	9	Year 12 Half Yearly In-Class Assessment Period				
		25	Year 7 Open Classrooms 26	27	28	29
April	10	Year 12 Half Yearly In-Class Assessment Period				
		Year 7 Vaccinations 1	2	3	4	5
April	11	Year 12 Half Yearly In-Class Assessment Period				
		8	9	P&C Meeting Staff Common Room 7:30pm 10	11	Last Day of Term 1 12

2019 School Terms

Term 1 - Tuesday 29th January 2019 to Friday 12th April 2019

Term 2 - Monday 29th April 2019 to Friday 5th July 2019

Term 3 - Monday 22nd July 2019 to Friday 27th September 2019

Term 4 - Monday 14th October 2019 to Friday 20th December 2019

*Please Note - The 1st day of Term 1, 2 & 3 and the last two days of Term 4 are Staff Development Days.



2019

School Holidays & Terms

- School Holidays
- Public Holidays
- School Development Days

January

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
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28	29	30	31			

February

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March

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April

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29	30					

May

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27	28	29	30	31		

June

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24	25	26	27	28	29	30

July

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29	30	31				

August

M	T	W	T	F	S	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September

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					1	
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9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30						

October

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December

M	T	W	T	F	S	S
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2020 Term 1 - 28th January to 9th April, Term 2 - 27th April to 3rd July, Term 3 - 20nd July to 25th September, Term 4 - 12th October to 18th December

Disclaimer: Advertisements placed in the school's newsletter do not reflect an endorsement or otherwise by Muirfield High School of that product or service



Registrations Now Open Northmead Uniting Netball Club

Northmead Uniting Netball Club is a member of the Gooden Reserve Netball Association. This is a local community competition held on Saturday afternoons at Gooden Reserve in Baulkham Hills. We are committed to maintaining a low-cost competition, that has a friendly, safe and welcoming environment where girls, ladies / mums of all skill levels can participate. Boys under 12 years of age are also welcome. **Please note this is a non-graded competition.**

2019 REGISTRATION COSTS

These fees are a one-off payment which covers the entire season.



Fun Net: \$55
Year 2 and above: \$80

Season starts 6th April 2019



Register online now at:

www.northmeadnetballclub.weebly.com

Registrations close 23 February 2019



NORTH ROCKS NETBALL CLUB

REGO & INFO DAY - SAT 9 FEB - 10AM-2PM
Don Moore Reserve Netball Courts—Tiernan Ave, North Rocks

*The **first 20 new players** to register for the BHSNA or HDNA competitions will receive a **subsidy of \$100 plus a free uniform.** If using your \$100 Active Kids Rebate there will be nothing to pay!*

*The **first 20 new Fun Net Players** at GRNA will receive **free registration!***

*The **first 20 new Sub Junior Players** at GRNA receive **free registration and a free uniform** when using your Active Kids Rebate of \$100!*

Registration Forms can be found on our website: northrocksnsw.netball.com.au

For more information please contact our Registrars at
nrnetballclub@gmail.com or 0414 669 780 or 0411 269 257

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**Parramatta Lions
Junior AFL Club**

**Come and play in a club that includes
Everyone as part of a team!
* All ages * All abilities * Boys and girls teams**



**Play on Sundays. Train on Thursday nights. Home ground is Old Kings Oval
in Parramatta Park. For more info please contact Brad 0420 549 838
president@parramattalions.com.au parramattalionsjafc.teamapp.com**



Carlingford Netball Club

Come and play with us in 2019

*We are a family friendly netball club and this year
celebrating 40 Years in our community!*

Carlingford Netball Club cater for the following age groups:

- NetSetGo accredited 10 week program for 5-7 years
- Under 7-9yrs Modified netball – played Friday nights
- Juniors Competition for 10-15yrs – Saturday mornings
- Senior Competition – Saturday afternoons
- Local Competition played at Pennant Hills Park
- Club Training at North Rocks netball courts



Online Registrations close 10th February

Simply go to our website www.carlingfordnetball.com.au
to register and follow the prompts or contact our Registrar
for further information via email at
registrar.carlonetball@gmail.com

We can also register a
whole team of friends
if you would like to
play together !

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BLUEWEALTH PROPERTY

GET YOUR GAME ON

REGISTRATIONS OPEN JANUARY 2019

ROSELEA FC
Est. 1997
FOOTBALL | FAMILY | PASSION

ACTIVE KIDS GET YOUR \$100 ACTIVE KIDS REBATE!
www.sport.gov.au/activekids

CONNECT WITH US ON WeChat
扫描微信二维码, 关注 ROSELEA FC

VISIT OUR WEBSITE
www.roseleafc.com

FOLLOW US ON FACEBOOK
www.facebook.com/RoseleaFC

CHECK OUT OUR INSTAGRAM FEED
www.instagram.com/roseleafcfootballclub



Join the great family atmosphere at
North Rocks Rugby

Boys & GIRLS
All Shapes & Sizes
Under 6s – 17s

U6 & U7
Touch - NOT TACKLE

U8-12 Modified
Tackle Rugby

Minis (U6-9s) play
on Sat Mornings

Juniors (U10s+)
play on Sundays

North Rocks is a
club that cares
about the values
of Rugby & your children

northrocksjuniorrugby.com

— NSW —
RUGBY UNION

For More information contact
info@northrocksjuniorrugby.com

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www.carlingfordflamesnc.nsw.netball.com.au



WANT TO PLAY NETBALL?

ENQUIRE ABOUT REGISTERING NOW

Contact Christine Kelleway on 0410 123 651

Email: carlingfordflames@gmail.com

CARLINGFORD FLAMES NETBALL CLUB

\$100.00 - NetSetGO (7 years to 9 years)

NetSetGO is held on Saturday mornings at Brush Farm Park

\$210.00 - Junior (10 years to 17 years)

\$230.00 - Senior (18+ years)

**Claim your \$100.00 "Active Kids" rebate
for all school age children**



*Australian
Air League*

NSW GIRLS GROUP
Established 1944



**NEW SQUADRONS STARTING IN YOUR AREA
RECRUITING NOW**

Get in on the ground floor for...

- Excitement and Fun • Achievement and Recognition
- Friendship and Team Spirit • Plenty of Challenge

FREE TO JOIN WITH ACTIVE KIDS \$100 VOUCHER



FOR MORE INFORMATION PLEASE CONTACT

Mrs Robyn McKenzie: 0409 391 084 Email: gexc.nswgg@airleague.com.au

Girls Squadrons also located at Albion Park, Beverly Hills, Blacktown, Doyalson, Mudgee, Penrith, Southern Highlands

www.airleague.com.au

Facebook: [aal.nsw.girls](https://www.facebook.com/aal.nsw.girls)

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BEAUTIFUL MIND LEARNING STUDIO



Zumba Inspired Dance Fitness

Saturday 10:15am - 11:15am
From \$10/session
High School Student: \$8.80/session
MUIRFIELD HIGH SCHOOL
1 Free Trial, no registration required



Fun Piano Learning Program @ NORTH ROCKS

Innovative teaching method
Weekdays and Saturday
\$28/session

*"A beautiful mind will never stop
being amazing"*

(www.thehoroscope.co)



**1 FREE TRIAL
LESSON**

for new enrolment to Piano Learning Program (T&Cs Applied)



WWW.BMIND.COM.AU
0479 014 055
ANGERINE



NORTH ROCKS - MUIRFIELD HS

DANCE CLASSES

ENROLMENTS NOW OPEN!

Contact Kirsty - info@kirstardance.com.au

0432 663 884

Discounts for families & multiple classes



FREE Trial class!

Affordable, fun dance classes in a nurturing environment since 2003.

Offering lessons for 4yrs - Adults, beginners - advanced
Jazz • Contemporary • Hip Hop • Ballet Technique • Lyrical
• Private Lessons

No fuss. No uniforms. No expensive concert costumes.

KIRSTARDANCE.COM.AU

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CARLINGFORD COUGARS
Junior Rugby League Football Club

Players are invited to play Junior League from U6 to U17,
and Girl's League Tag for U8, U10 & U12 for the mighty Cougars.

2018 NSWRL "RESPECT" AWARD WINNER!

2017 NSWRL GRASSROOTS CLUB OF THE YEAR!

We are an accredited Active Kids Provider

Season Kicks Off in APRIL

To register online today, visit
CarlingfordCougars.com.au & follow the 'Play NRL' link.

For more info contact us on
0426 200 181
info@carlingfordcougars.com.au

- Our games are played on SUNDAYS as part of the Balmain JRL.
- Safe Play modified rules used for boys and girls from U6-U12 age groups. Safe Play Rugby League rules used for U13s and above.
- All players receive jersey, shorts, socks, training shirt and NRL passcode. FREE headgear for players U6-U10. (Mouthguard and boots not included)
- Contact us for further information about the Active Child rebate.

[f](#) CougarsJRLFC [t](#) @CougarsJRLFC [i](#) @CarlingfordCougars

Discipline • Team Work • Fair Play

DON'T WAIT!
Get moving today by contacting:
Ph: 0432 718 530
Email: denistoneeastsports@gmail.com
Wechat ID: the_m-word

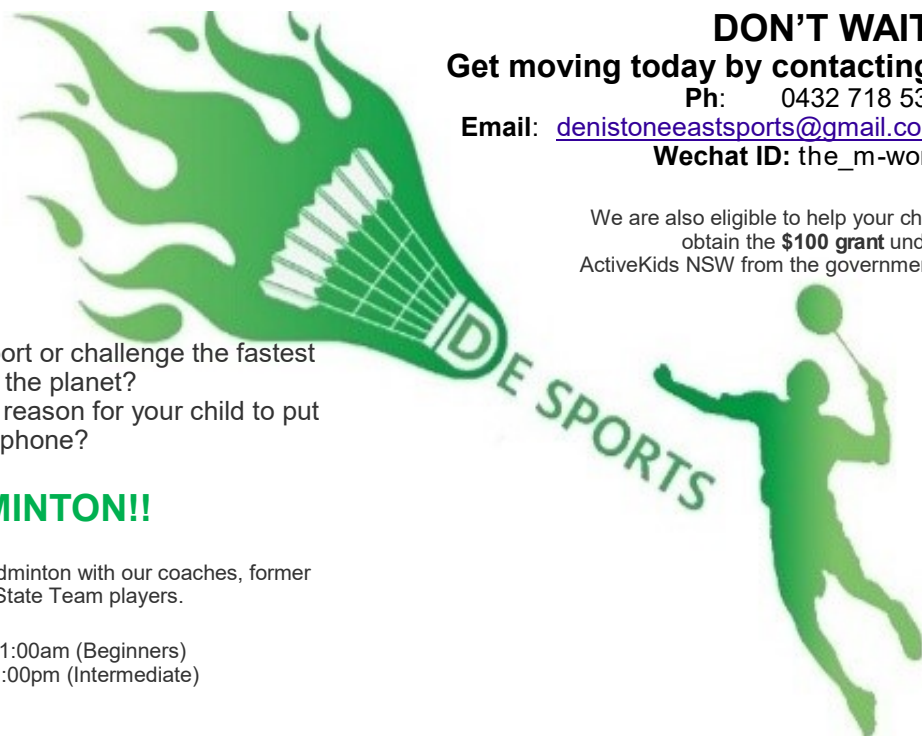
We are also eligible to help your child obtain the **\$100 grant** under ActiveKids NSW from the government!

Do you want to learn a new sport or challenge the fastest racket sport on the planet?
Parents! Do you want to find a reason for your child to put down their phone?

TRY BADMINTON!!

Improve your kid's coordination in badminton with our coaches, former and current National & State Team players.

When: Sunday mornings 9:00am–11:00am (Beginners)
Sunday mornings 11:00am - 1:00pm (Intermediate)
Where: Muirfield High School
Cost: \$30 per lesson for 2 hours



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 CougarsJRLFC
  @CougarsJRLFC
  @CarlingfordCougars

Discipline • Team Work • Fair Play

**COME AND PLAY SOCCER WITH YOUR
LOCAL COMMUNITY BASED CLUB -
North Rocks Soccer Club**

Registrations start mid January!



North Rocks Soccer Club invites girls and boys, to come and play soccer for their local club which plays in the Hills Football Association. All age groups and standards accommodated. To be eligible, players must be turning at least five years old during 2019. The Club also has a Football-4-All program which we call "Rockerball".

Age Groups and Playing Days

- 5-7 year old boys and girls play in-house on Saturday mornings in a small-sided format. Their fun skills training is provided by a professional training academy.
- 8-11 year old boys and girls play other Hills Football Association clubs on Saturday mornings in a small-sided format.
- Boys/mixed under 12 to 18 play Saturday mornings. All Age Men, Premier League, Over 35 and Over 45s play Saturday afternoons.
- Ladies and girls teams, Under 9 to All Age, play Sundays.
- Over 35 Ladies play Friday nights.

\$100
Active Kids
rebate voucher
available once
again in
2019*

Keep
an eye out
on our website
for our Early Bird
Discount
Offer

Rego
includes a
FREE JERSEY
to keep
6 & 7s ONLY



Please don't hesitate to contact us if you have any questions.

WWW.NRSFC.COM.AU

www.facebook.com/northrockssoccerclub/

Proud to be a foundation member of the Hills Football Association

*For more information on how to receive the Active Kids Program Rebate go to <https://sport.nsw.gov.au/sector/development/activekids>

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INTERESTED IN LEARNING HOW TO PLAY BADMINTON?



✓ GIVE US A CALL NOW ON
0421 532 882 ✓

50% OFF

the beginners course by providing us with the
PROMOCODE BELOW!

FLY808

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GKR KARATE PRIME
STRONG HUMBLE BRAVE



CONFIDENCE IS THE BEST SELF DEFENCE

You are invited to attend a **FREE TRIAL CLASS**
at our upcoming Open Night

Muirfield High School, Barclay Rd North Rocks
Tuesday & Friday 4:30-5:15 and 5:30-6:30pm

Our classes provide a positive learning environment for the whole family.
Students of all ages can build confidence, improve their fitness and
be empowered to reach their maximum potential in all areas of life.

All family members welcome (5 years+)

Family discounts available

Charmaine Agius 0450 011 690

cagius@gkrkarate.com