



# Muirfield Matters

Issue 2 2019

Term 1 Week 6

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Jankovics

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## From the Deputy Principal - Mr Jankovics



It seems we have reached the midpoint of this first term at record speed. I would like to congratulate our students for their behaviour and focus on learning. Term 1 has been very busy but, paradoxically, very settled.

We have had Year 7 Peer Support, Year 7 Camp, International Women's Day breakfast, School Swimming Carnival and Open Evening. With the Year 11 and 12 Parent Teacher Interviews and Year 7 Open Classrooms rapidly approaching it won't be slowing down any time soon. I would like to thank the teachers and parents for all they have done to focus our students' efforts to date.

## Year 7 Camp

As part of our Peer Support Program, Year 7 and Year 11 Peer Support leaders took the annual pilgrimage to The Great Aussie Bush Camp during Week 5 of this term. I was fortunate enough to attend the camp, and observe the students stepping out of their comfort zones and participating in the huge range of activities.

Apart from the opportunity for the development of student relationships and settling in to high school life, a big element of the camp is related to enhancing resilience and the opportunities for students to take calculated risks, and to push themselves to their limits. The Power Fan, High Ropes, Raft Building and the Survivor Island courses are designed to provide students with a chance to face challenges and to support each other as a team. I was really

proud of the way our students approached each activity. In some cases you could see their legs shaking as they left the safety of the wooded platform to "tightrope" across various challenges, but always present were the calls of encouragement and positivity which came from their peers. Personal determination combined with instruction and encouragement from the group, resulted in most completing the challenges.

The camp offered our Peer Support Leaders the opportunity to establish a rapport with their groups and to develop and implement leadership skills.



Year 7 students are able to develop friendship and group cohesion as well as enhance their self-esteem and identify with their Peer Support Leaders and peer group. A big thank you to all our Peer Support Leaders for their help over the

three days of camp.

I would like to thank the Year Adviser, Ms Bopaththage, for the preparation and seamless organisation ensuring a smooth running of the camp. My thanks also to those teachers and support staff that gave up their own person time to attend camp: Ms Marsh, Ms Cooke, Mr Roberts, Mr Kent, Ms Knobbs Mr Chivers and Ms Lamport. Without this commitment and devotion, camps could not go ahead and the students would miss out on some wonderful memories and learning experiences.

All the teachers were impressed by our new Year 7 cohort and the compliments they received from the camp staff were overwhelming.





## YEAR 7 CAMP





## YEAR 7 CAMP



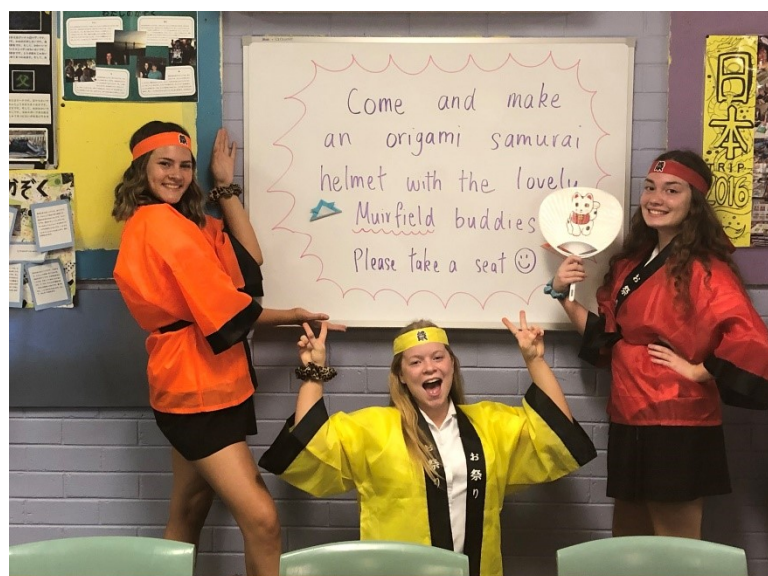


## Open Night

Our Open Night for 2020 enrolments was attended by over 350 parents and Year 6 students. You wouldn't have thought that it was a particularly nerve-racking experience for our Year 8 speakers, Lukas Albarracin and Alana Brown, but their enthusiasm and communication under pressure was something to behold.

Our Student Representative Council led tours with enthusiasm and warmth, answering a myriad of questions. Our Hospitality students could barely keep up with the demand for the delicious hot treats coming out of the oven, with over 500 pastries being cooked and served. In dance and drama our students performed for each of the groups, so I imagine there were some weary bodies by the end of the evening. HSIE had a display of medieval armaments; Science conducted experiments; and there were robotics in the computer lab.

I would like to acknowledge the tremendous work of the staff present on the night and the students that volunteered to help. Muirfield has certainly cemented itself as the preferred education destination for so many families.





## Farewell to a Much Loved Cleaner

After 30 Years in the job Muirfield High School's head cleaner, Victor, has announced his retirement.

Proper school cleaning and maintenance are critical to a school's safety and daily operation with cleaners often flying under the appropriate recognition they deserve for providing this service.

I would like to thank Victor for all the effort he has put in over the years to ensure our students are schooled in a clean environment and to wish him all the best for his future endeavours.



He was farewelled by the staff during a special morning tea, held in his honour. His farewell speech was so heartfelt I thought I would share it with you.

Good Morning and thank you Jennifer for the lovely words and beautiful morning tea.

I would like to firstly thank everyone for coming and supporting me here today, it's so kind and lovely to see you all here. I have worked here at this school for 30 years, and it truly has become a second home for me.

Every morning, I've opened the gates to the school to welcome all of you and your students through, and today I opened the gate for the last time.

I would like to thank all of my colleagues, who have supported me throughout the last 30 years and surely will support me in the years to come.

Their friendship, along with the amazing culture here at Muirfield has made this truly a memorable place to work and I'm very grateful to them and you all for doing so. I will miss this school as my home, and I will miss each of you as my extended and large family. I won't however, miss the 4AM wake ups ... but in all honesty this school has become a magnificent home for me, and one that I'll never forget.

I would like to explicitly thank my supervisor Paul for all of his help throughout this time, and especially thank Jennifer, for all her friendship and conversations along the years.

I wish each and every one of you the very best, god willing, you'll all be able to enjoy a long and relaxing retirement like I hope to! Thank you all very much once more, and I love you all!



## Scientific Success

Congratulations to Liam Skinner. At the end of Year 8, all Year 8 students across the state undertake a mandatory science test. The test assesses scientific knowledge and problem solving through multiple choice, short answer questions and extended responses. The school receives the results the year after the students have sat the test.



We were very pleased to receive Liam's results. Liam achieved the third highest score in the state and was placed 6th in the state.

## Parramatta Active Citizen Award

At the end of February, Ms Reeves accompanied Breanna Fowler to the Parramatta City Council reception to acknowledge Breanna's great contribution to the school.

The school had nominated Breanna for the award at the end of 2018 for her active work in supporting the Muirfield community.

Ms Reeves was pleasantly surprised to find that two more Muirfield students were also being acknowledged for their work at their primary school, and are now with us in Year 7. Varun Irani had been nominated by North Rocks Primary School and Caitlin Manley was nominated by Dundas Public School. It is wonderful that we have such lovely students joining our community!





## Hockey stars in our midst

At Muirfield we are privileged to have a wide range of extracurricular sporting enthusiasts among our student body. We happily share with you their sports achievement as we learn about them from their very proud families.



The latest two such achievers are Benjamin and Christopher Sames

They both attended the regional hockey trials for Sydney West, and both were selected to go to the CHS Hockey State Cup in May at Albury.

## Swimming Carnival

What a fantastic day we had for our annual Swimming Carnival. Mr Pearson & Mr Edmondstone did an outstanding job organising the day.



Congratulations to Thorpe, the victorious house on the day, and to their captains for maintaining the highest student participation rate of all the houses.



### Age Champions

	Boys	Girls
12	Jonty Cogill	Jaedin Le Marseny
13	Max Blockley	Caitlin Skinner
14	Nicholas Layton	Alana Brown
15	Luke Garment	Grace Montgomery
16	Zac Collison	Caitlin Roach
17+	Edmond Lo	Grace Barrett







# SWIMMING CARNIVAL





## SWIMMING CARNIVAL





**2019 School Student Wellbeing Team**

Year Group	Year Advisor
7	Ms Emma Bopaththage
8	Mr Chris Kent
9	Ms Joanne Wong
10	Mr Andrew Pearson
11	Mr Jonathon Wilcox
12	Mr James Read

**School Counsellors****Ms Felicity Ryan - Thursday & Friday****Ms Trista Li - Tuesday & Thursday**

Dear Parent,

1 in 5 students are now suffering from a Mental Health Issue or Condition.

One of the most common Mental Health concerns is anxiety.

Is your child suffering from or has the symptoms of anxiety?  
As a parent, would you like to learn how to support your child with anxiety?

If you answered yes to either of these questions, you may be interested in registering for live online webinars for parents regarding anxiety.

They started on Tuesday 5th March. You will find the link below.

<https://raisingchildren.net.au/guides/webinars/mental-health-and-wellbeing>





## EVERY DAY COUNTS....

**A day here or there doesn't seem like much, but...**

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...*

**Every day counts!**



## PARENT AND CAREGIVERS

### PLEASE DO NOT DRIVE INTO THE SCHOOL GROUNDS

In the interests of student safety, **parents and caregivers are not permitted to drive onto school grounds at any time, including before or after school, to drop off or collect students, or to attend meetings with staff.**



There are deliveries and staff accessing the car park at different times during the day and the access is very narrow.

**The only exceptions to this is when either you or your passenger has a disability or if you are picking up a sick or injured student.**

**STUDENT SAFETY IS UP TO ALL OF US**

**THANK YOU FOR PLAYING YOUR PART**

## Year 12 Biology Excursion - Museum of Human Disease

On the 21st February, the Year 12 biology students and Ms Ebrahimi, ventured into the city to go to the Museum of Human Disease at the University New South Wales (UNSW).



The Museum contains approximately 3,000 specimens of human tissue donated by people who have decided to donate their body to science research. This was both confronting and fascinating for the students and was a great learning experience. In the morning the students started their depth study which involved writing a scientific case study.

Information was provided by the museum that the students used to choose a disease and find out the history behind a specific specimen. After lunch the students completed some course work on genetics. There were eight stations throughout the museum to work at and the favourite by far was the colour blindness station. Many groups spend a significant amount of time flicking through the booklet of colour blind tests discovering how well they saw different colours. It was a great day!





## The Muirfield Youth Leadership Forum

The Muirfield Youth Leadership forum ran for its fourth year at the end of 2018, with the current student executive and friends organising a jam packed two days with awesome activities, an amazing guest speaker and an adventurous scavenger hunt for nearly fifty students.

The students ranged from Year 7 to Year 10 and came together from across the school to make new friends, experience great teamwork and of course learn about leadership.



The amazing guest speaker, Stephen Suttie, discussed the importance of a stable mind in leadership. The scavenger hunt had the teams up and down the school, working together to crack clues and earn point for their teams. Other activities ranged from hula hop to water balloon volleyball.

The students spent two days learning in one of the most conventional ways, by having fun! We ended the forum with a spontaneous macarena on the back oval, summing up a great end to a great forum. All together the forum was a huge success with the student exec working so well together. I couldn't have asked for a better team.

Article By: Bree Fowler, Student Executive Team Member













## Notice to all Parents



PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- [www.esafety.gov.au](http://www.esafety.gov.au) – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- [www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au) – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Scott Morrison'.

SCOTT MORRISON

A handwritten signature in blue ink, appearing to read 'Dan Tehan'.

DAN TEHAN



## Notice to all Parents



**Transport**  
State Transit

28 February 2019

To the School Principle/ Headmaster.

Dear Sir / Madam

### **Conditions of use – Student Opal Card**

I write to request your assistance in promoting the importance of using the Student Opal Card correctly.

It is a condition of use that students tap on at the start and tap off at the end of each trip with their Student Opal Card. This is important to ensure accurate patronage data is recorded. This data is used to plan school special and regular route bus services and assists State Transit in ensuring adequate capacity is provided, so students can travel to and from school safely.

Current statistics indicate that many students have failed to tap on or off the Opal readers when travelling. If students do not tap on and off then the school bus services, it may appear underutilised and may be considered for cancellation based on low passenger numbers.

To assist with our future service planning can you please remind parents and students of this important condition of use so State Transit can continue to provide effective bus services in the future.

For more information and to apply for a School Opal card call 131500 or apply online at <https://www.opal.com.au/en/about-opal/opal-for-school-students>

Thank you for your assistance.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Tony Moujalli'.

Tony Moujalli  
Customer Operations Manager



## Notice to all Parents

### Missing some vaccinations?

Don't worry, free catch-up vaccines are available from your GP as long as you start your vaccinations before you turn 20. Talk to your GP about starting your catch-up schedule to make sure you're fully protected.

Here's a table that lists all the recommended vaccines and the number and interval between doses, depending on your own vaccination history:

Vaccine	Number of free catch-up doses	Interval between vaccine doses
<a href="#">Hepatitis B</a>	3 doses	<ul style="list-style-type: none"> <li>One month between dose 1 and 2</li> <li>Two months between dose 2 and 3</li> </ul> <p>(there must also be four months between dose 1 and 3)</p>
<a href="#">Human papillomavirus (HPV)</a>	3 doses	0, 2 and 6 months
<a href="#">Measles-mumps-rubella (MMR)</a>	2 doses	4 weeks between doses
<a href="#">Meningococcal ACWY</a>	1 dose	N/A
<a href="#">Pertussis (whooping cough)</a> included with <a href="#">diphtheria</a> and <a href="#">tetanus</a> (dTpa)	3 doses	4 weeks between doses
<a href="#">Polio</a>	3 doses	4 weeks between doses
<a href="#">Varicella (Chickenpox)</a>	2 doses	4 weeks between doses

## Creative Kids now join Active Kids

**Active Kids** and **Creative Kids** are programs designed to encourage more children to participate in sport, active recreation and creative and cultural activities.

Each year, parents, guardians and carers can receive a \$100 voucher to go towards both creative and physical activities for school aged children. That's \$200 worth of savings per year for each child.

A **Creative Kids** voucher will help parents to cover some of the registration, participation and tuition costs on activities such as singing, drama, coding, languages, music, writing, drawing and photography.

The **Active Kids** voucher can be used on sports, fitness and physical activities for registration, participation and membership costs.

The vouchers can be used once with an approved provider (external to Muirfield).

To find out more, parents need to visit [service.nsw.gov.au](http://service.nsw.gov.au).



## P&C News

The Muirfield P&C Annual General meeting will be held on 13 March at 7.30pm in the common room. At our AGM our office bearers will be elected. All P&C members who are 2018/2019 financial members as at our last meeting are eligible to vote and be elected. The following roles need to be filled:

- President
- Vice-president
- Secretary
- Treasurer
- Grants co-ordinator

We also need help on our Canteen and Uniform shop sub-committees. We have staff members who do a wonderful job running our uniform shop and canteen. Our sub-committee members support the staff members and volunteers. The following roles are vital to the running of our canteen and uniform shop:

- Convenor
- Secretary
- Treasurer

Our CAPA sub-committee works closely with the school and plays a vital role in assisting with events and fundraising. If you would like to be involved with CAPA, please come along to our meeting.

If you do not wish to serve on any of the committees but would like to know more about what is happening at our school, please join us at our meetings. You don't have to take on a formal role to join us. The biggest focus of our meeting is hearing what is happening in our school community and getting feedback from Ms Reeves.



Here are our meeting dates for 2019:

Meeting	Date	Time
<b>Term 1 general meetings:</b>		
AGM	13 March	7:30pm
General meeting	10 April	7:30pm
<b>Term 2 meetings:</b>		
General meeting	8 May	7:30pm
General meeting	12 June	7:30pm
<b>Term 3 meetings:</b>		
General meeting	14 August	7:30pm
General meeting	11 September	7:30pm
<b>Term 4 meetings:</b>		
General meeting	13 November	7:30pm
General meeting	11 December	7:30pm

If you would like to be on our mailing list, just let us know on [muirfield.p.and.c@gmail.com](mailto:muirfield.p.and.c@gmail.com).

We look forward to meeting you.

Charmaine Hetem  
P&C President



## Uniform Shop

With our new online ordering system in place, parents now have much more flexibility when ordering uniforms for their child. Students are still encouraged though, to come into the Shop during Monday lunchtime trade, to try on items for sizing. Items can then be purchased in the shop using cash, cheque or card or, at a later date/time using the Qkr app.

**All orders made on Qkr for a Monday lunchtime pickup (12.30pm to 1.30pm), must be placed by midnight the Sunday before.**

Black Jacket orders made on Orientation Day, are expected to arrive by the end of Term 1 2019 and dates will be confirmed in 2019. Black Jackets are available in the shop for try on to confirm sizing. Please visit us during Monday lunchtime trade.

Any questions can be directed to the Uniform Shop Committee via our email: [mhs.pnc.uniform@gmail.com](mailto:mhs.pnc.uniform@gmail.com).

Thank you for your continued support.  
Muirfield High School Uniform Shop Committee

### SCHOOL TERM TRADING HOURS

**Monday**  
**12:30 - 1:30pm**

**1st Monday of the month**  
**5:30 - 7pm**



November 2018



## Muirfield High School Uniform Shop

### All uniform items now available on Qkr!

Qkr! (pronounced 'quicker') is an easy to use app that makes ordering and paying for your school uniforms quick, simple and secure.

### Getting Started is Easy

#### Step 1 Download Qkr!

Download the Qkr! app to your phone or tablet device (App Store or Play Store)

#### Step 2 Register

Follow the prompts and select Australia

Set up your name and a password.

Add your credit card details.

Find Muirfield High School

Add the names of your children.

#### Step 3 Start shopping

Choose the next Monday delivery.

Select the items you want, add to Cart, then Checkout when you are finished.

You can view and print a receipt (or email it) if required.

#### Step 4 Collect purchase

Students pick up their uniform items during Monday lunchtime opening 12:30 – 1:30pm.

(Orders to be placed by Sunday midnight for Monday pick up)

#### What if I don't have a smart phone?

You can use Qkr! online. Go to <https://qkr.mastercard.com/for-everyone-australia/> and select "Use Qkr! Online" You will need to register and you will then be able to order uniforms online.

#### Questions about using Qkr!?

If you require further information or have any concerns, please email Muirfield P&C Assoc. Uniform Shop Committee on [mhs.pnc.uniform@gmail.com](mailto:mhs.pnc.uniform@gmail.com).

**\*\*Please note that Uniform Shop orders CANNOT be made via the 'Muirfield High School' website payment system.**



# UNIFORM SHOP PRICE LIST



## Muirfield High School P&C Association Uniform Shop Price List/Order Form Term 1 2019

15/11/2018

	Size	No.	Price	Total
Junior Boys Shirt			\$32	
Senior Boys Shirt			\$32	
Unisex Cargo Shorts			\$38	
Boys Tailored Long Pants			\$50	
Junior Girls Blouse			\$32	
Senior Girls Blouse			\$32	
Pleated Black Skirt			\$38	
Girls Black Pants			\$30	
Green Jumper			\$45	
Green Zip Jacket (while stocks last)			\$30	
Black Fleece Jacket by preorder only			\$65	
Unisex Sport Shirt			\$33	
Old Style Sport Shorts			\$15	
Unisex Straight Leg Sports Shorts			\$30	
Unisex Regular Leg Sports Shorts			\$30	
Tracksuit Jacket			\$45	
Tracksuit Pants			\$30	
Senior Ties			\$25	
Apron			\$15	
Scarf			\$8	

Total Amount Owing

\$ \_\_\_\_\_

**Payment can be made by Cash, Cheque or Visa/ MasterCard**

Please make cheques payable to Muirfield High School Uniform Shop

WHY NOT USE OUR ONLINE  
ORDERING VIA

Uniform shop hours:

Monday 12.30 pm to 1.30 pm

1st Monday night of the month 5.30 pm to 7 pm

(except where the 1st Monday falls during school & public holidays)



SEE REVERSE

### CREDIT CARD PAYMENT

Visa ☐ Mastercard ☐

Card No.

CCV

Expiry Date:  /

Amount

\$

Cardholder's Name:

\_\_\_\_\_

Cardholder's Signature:

\_\_\_\_\_



## CALENDAR OF EVENTS

Term ONE 2019		Monday	Tuesday	Wednesday	Thursday	Friday
March	6	Open Evening 5-7pm 4	Hills Zone Swimming Carnival 5		Year 8 Science Zoo Excursion 6	International Women's Day Breakfast Yr 12 S&C Excursion to The State Library 7
March	7	Yr 11 Physics Excursion 11	Yr 11 Chemistry Excursion Elevate Parents Meeting 5:30 to 6:30 Year 11 & 12 Parent Teacher Night 12	P&C AGM Staff Common Room 7:30pm 13		14
March	8				School Cross Country Carnival 21	
March	9	Year 12 Half Yearly In-Class Assessment Period				
March	10		Year 7 Open Classrooms 25	26	27	28
April	11	Year 12 Half Yearly In-Class Assessment Period				
April	12	Year 7 Vaccinations 1	2	3	4	Year 9 Science Excursion 5
April	13	Year 12 Half Yearly In-Class Assessment Period				
April	14			P&C Meeting Staff Common Room 7:30pm 10		Last Day of Term 1 12

Term TWO 2019		Monday	Tuesday	Wednesday	Thursday	Friday
April/ May	1	Staff Development Day 29	ALL Students return for Term 2 30	HSC Timetable Released 1		3
May	2		Year 10 Geography Excursion 6	P&C Meeting Staff Common Room 7:30pm 8		10
May	3	Year 7, 8 & 9 NAPLAN Test Window				
May	4					School Athletics Carnival 17
May	5	Year 7, 8 & 9 NAPLAN Test Window				
May	6					

### 2019 School Terms

Term 1 - Tuesday 29th January 2019 to Friday 12th April 2019  
 Term 2 - Monday 29th April 2019 to Friday 5th July 2019  
 Term 3 - Monday 22nd July 2019 to Friday 27th September 2019  
 Term 4 - Monday 14th October 2019 to Friday 20th December 2019

\*Please Note - The 1st day of Term 1, 2 & 3 and the last two days of Term 4 are Staff Development Days.



# 2019

## School Holidays & Terms

- School Holidays
- Public Holidays
- School Development Days

### January

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### February

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

### March

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### April

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### May

M	T	W	T	F	S	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### June

M	T	W	T	F	S	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### July

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### August

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### September

M	T	W	T	F	S	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### October

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### November

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### December

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2020 Term 1 - 28th January to 9th April, Term 2 - 27th April to 3rd July, Term 3 - 20nd July to 25th September, Term 4 - 12th October to 18th December



Disclaimer: Advertisements placed in the school's newsletter do not reflect an endorsement or otherwise by Muirfield High School of that product or service



**Parramatta Lions  
Junior AFL Club**

**Come and play in a club that includes  
Everyone as part of a team!  
\* All ages \* All abilities \* Boys and girls teams**



Play on Sundays. Train on Thursday nights. Home ground is Old Kings Oval in Parramatta Park. For more info please contact Brad 0420 549 838  
[president@parramattalions.com.au](mailto:president@parramattalions.com.au) [parramattalionsjafc.teamapp.com](https://parramattalionsjafc.teamapp.com)



**Carlingford Netball Club**

*Claim your Active Kids Voucher with us!*

**Our Under 13s team is looking for  
players (born 2006 or 2007) wanting  
to play netball on Saturday mornings**

Interested? Please contact our Club Registrar - Sue Oliver on 0419 406 004 or email:  
[registrar.carlonetball@gmail.com](mailto:registrar.carlonetball@gmail.com)

Grading being held this Sunday, 24<sup>th</sup> February.

Further information can be found on our website  
[www.carlingfordnetball.com.au](http://www.carlingfordnetball.com.au)



*Celebrating 40 years in our community in 2019*



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**BLUEWEALTH PROPERTY**

**GET YOUR GAME ON**

REGISTRATIONS OPEN JANUARY 2019

GET YOUR \$100 ACTIVE KIDS REBATE!  
www.sport.gov.au/activekids

CONNECT WITH US ON WeChat  
扫描微信二维码, 关注 ROSELEA FC

VISIT OUR WEBSITE  
www.roseleafc.com

FOLLOW US ON FACEBOOK  
www.facebook.com/RoseleaFC

CHECK OUT OUR INSTAGRAM FEED  
www.instagram.com/roseleafootballclub

Roselea FC  
FOOTBALL | FAMILY | PASSION

**BEAUTIFUL MIND**  
LEARNING STUDIO

**Zumba Inspired Dance Fitness**  
Saturday 10:15am - 11:15am  
From \$10/session  
High School Student: \$8.80/session  
MUIRFIELD HIGH SCHOOL  
1 Free Trial, no registration required

**Fun Piano Learning Program @ NORTH ROCKS**  
Innovative teaching method  
Weekdays and Saturday  
\$28/session

"A beautiful mind will never stop being amazing"  
(www.thehoroscope.co)

**FREE** + **1 FREE TRIAL LESSON**  
for new enrolment to Piano Learning Program (T&Cs Applied)

WWW.BMIND.COM.AU  
0479 014 055  
ANGERINE

Join the great family atmosphere at  
**North Rocks Rugby**

Boys & GIRLS  
All Shapes & Sizes  
Under 6s - 17s

U6 & U7  
Touch - NOT TACKLE

U8-12 Modified  
Tackle Rugby

Minis (U6-9s) play  
on Sat Mornings

Juniors (U10s+)  
play on Sundays

North Rocks is a club that cares about the values of Rugby & your children

[northrocksjuniorrugby.com](http://northrocksjuniorrugby.com)

— NSW —  
**RUGBY UNION**

For More information contact  
[info@northrocksjuniorrugby.com](mailto:info@northrocksjuniorrugby.com)

Nick Phipps Waratahs

**Kirstar**  
Dance

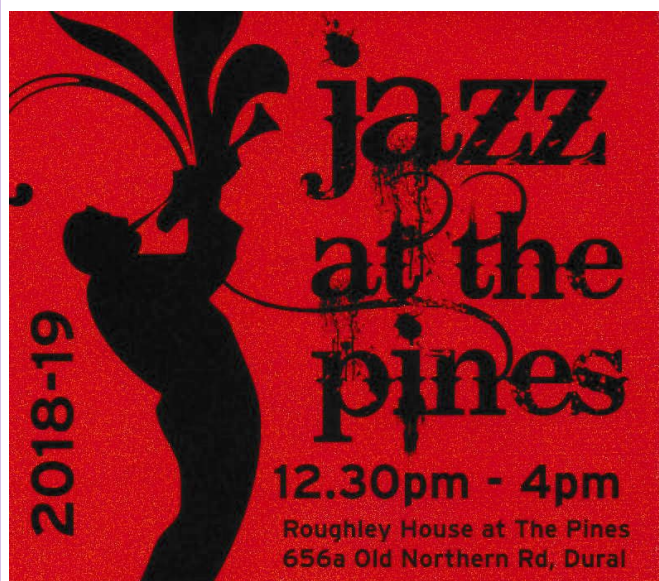
NORTH ROCKS - MUIRFIELD HS  
**DANCE CLASSES**  
**ENROLMENTS NOW OPEN!**  
Contact Kirsty - [info@kirstardance.com.au](mailto:info@kirstardance.com.au)  
0432 663 884

Discounts for families & multiple classes

**FREE Trial class!**  
Affordable, fun dance classes in a nurturing environment since 2003.  
Offering lessons for 4yrs - Adults, beginners - advanced  
Jazz • Contemporary • Hip Hop • Ballet Technique • Lyrical  
• Private Lessons  
No fuss. No uniforms. No expensive concert costumes.  
**KIRSTARDANCE.COM.AU**



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2018	16 September .....	Bridge City Jazz Band
	21 October .....	Mike Hallam Hot Six
	18 November .....	Nigel Hearn Quintet Featuring Valerie King
2019	17 February .....	Geoff Power Jazz Band
	17 March .....	Greg Poppleton & the Bakelite Broadcasters
	28 April .....	Riverside Jazz Band
	19 May .....	Zenith Jazz Sextet

Bookings: [www.jazzatthepines.org.au](http://www.jazzatthepines.org.au)

\$20 ADULTS

\$15 CONCESSION

\$40 FAMILY

## Relax With Live Jazz

and bring a picnic lunch to enjoy under the majestic pines of historic Roughley House.

Free tours of historic Roughley House (circa 1856).

Afternoon tea available.

Bookings

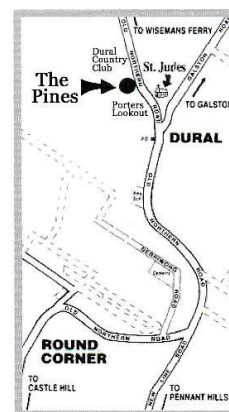
Web: [www.jazzatthepines.org.au](http://www.jazzatthepines.org.au)

Phone: 02 9651 4411

Email: [info@jazzatthepines.org.au](mailto:info@jazzatthepines.org.au)

Tickets available at gates.

Entry opens at 11:30am



Proudly  
Supported by

**THE HILLS**  
Sydney's Garden Shire



A project of  
The Rotary Club of  
The Hills-Kellyville Inc.

Dural Visitor Information Centre, Roughley House and  
The Pines. 656a Old Northern Road, Dural.

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## CARLINGFORD COUGARS

### Junior Rugby League Football Club

**Players are invited to play Junior League from U6 to U17, and Girl's League Tag for U8, U10 & U12 for the mighty Cougars.**

2018 NSWRL  
"RESPECT" AWARD  
WINNER!

2017 NSWRL  
GRASSROOTS CLUB  
OF THE YEAR!



We are an  
accredited  
Active Kids  
Provider

Season  
Kicks Off  
in APRIL

**To register online today, visit**  
**CarlingfordCougars.com.au & follow the 'Play NRL' link.**

**For more info contact us on**  
**0426 200 181**  
**info@carlingfordcougars.com.au**

- Our games are played on SUNDAYS as part of the Balmain JRL.
- Safe Play modified rules used for boys and girls from U6-U12 age groups. Safe Play Rugby League rules used for U13s and above.
- All players receive jersey, shorts, socks, training shirt and NRL passcode. FREE headgear for players U6-U10. (Mouthguard and boots not included)
- Contact us for further information about the Active Child rebate.

 CougarsJRLFC 
  @CougarsJRLFC 
  @CarlingfordCougars

**Discipline • Team Work • Fair Play**

## COME AND PLAY SOCCER WITH YOUR LOCAL COMMUNITY BASED CLUB - North Rocks Soccer Club

**Registrations start mid January!**



North Rocks Soccer Club invite girls and boys, to come and play soccer for their local club which plays in the Hills Football Association. All age groups and standards accommodated. To be eligible, players must be turning at least five years old during 2019. The Club also has a Football-4-All program which we call "Rockerball".

#### Age Groups and Playing Days

- 5-7 year old boys and girls play in-house on Saturday mornings in a small-sided format. Their fun skills training is provided by a professional training academy.
- 8-11 year old boys and girls play other Hills Football Association clubs on Saturday mornings in a small-sided format.
- Boys/mixed under 12 to 18 play Saturday mornings. All Age Men, Premier League, Over 35 and Over 45s play Saturday afternoons.
- Ladies and girls teams, Under 9 to All Age, play Sundays.
- Over 35 Ladies play Friday nights.

**\$100  
Active Kids  
rebate voucher  
available once  
again in  
2019\***

**Keep  
an eye out  
on our website  
for our Early Bird  
Discount  
Offer**

**Rego  
includes a  
FREE JERSEY  
to keep  
6 & 7s ONLY**



Please don't hesitate to contact us if you have any questions.

**WWW.NRSFC.COM.AU**

[www.facebook.com/northrockssoccerclub/](http://www.facebook.com/northrockssoccerclub/)

Proud to be a foundation member of the Hills Football Association

\*For more information on how to receive the Active Kids Program Rebate go to <https://sport.nsw.gov.au/sector/development/activekids>

Do you want to learn a new sport or challenge the fastest racket sport on the planet?  
Parents! Do you want to find a reason for your child to put down their phone?

## TRY BADMINTON!!

Improve your kid's coordination in badminton with our coaches, former and current National & State Team players.

**When:** Sunday mornings 9:00am-11:00am (Beginners)  
Sunday mornings 11:00am - 1:00pm (Intermediate)  
**Where:** Muirfield High School  
**Cost:** \$30 per lesson for 2 hours

**DON'T WAIT!**  
**Get moving today by contacting:**  
Ph: 0432 718 530  
Email: [denistoneeastsports@gmail.com](mailto:denistoneeastsports@gmail.com)  
Wechat ID: the\_m-word

We are also eligible to help your child obtain the **\$100 grant** under ActiveKids NSW from the government!





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## INTERESTED IN LEARNING HOW TO PLAY BADMINTON?



✓ GIVE US A CALL NOW ON  
**0421 532 882** ✓

# 50% OFF

the beginners course by providing us with the  
**PROMOCODE BELOW!**

**FLY808**

[www.aba08.com.au](http://www.aba08.com.au) 0421 532 882 [aba@aba08.com.au](mailto:aba@aba08.com.au)



**GKR KARATE** PRIME  
STRONG HUMBLE BRAVE



### CONFIDENCE IS THE BEST SELF DEFENCE

You are invited to attend a **FREE TRIAL CLASS**  
at our upcoming **Open Night**

**Muirfield High School, Barclay Rd North Rocks**  
**Tuesday & Friday 4:30-5:15 and 5:30-6:30pm**

Our classes provide a positive learning environment for the whole family.  
Students of all ages can build confidence, improve their fitness and  
be empowered to reach their maximum potential in all areas of life.

All family members welcome (5 years+)

Family discounts available

**Charmaine Agius 0450 011 690**

[cagius@gkrkarate.com](mailto:cagius@gkrkarate.com)



### Become a foster carer

Help us make a positive difference to the lives  
of children in your community. As a Key Assets  
foster carer, you will be provided with 24/7  
support, a dedicated social worker and  
on-going training.

Change a child's life today:

1800 WE CARE

[iwanttofooster.com.au](http://iwanttofooster.com.au)

 **keyassets**  
THE CHILDREN'S SERVICES PROVIDER