



# Muirfield Matters

Issue 10 2020

Term 4 Week 3

## From the Principal - Ms. Reeves

### Senior Courtyard



The upgrade of the Senior Courtyard finished at the end of last term. Year 11 students are making great use of the space. The area is also used by senior students who have periods without timetabled classes – when the weather is fine, of course! Some teachers have also brought their classes to do group work during lessons – it a great outdoor learning space.

Aesthetics are important – having green space and a pleasant environment makes a difference to all of our wellbeing. But beyond that, we need outdoor seating areas for all our students. We will be working with the P&C on future projects.



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## Year 12 Graduation & HSC Examinations

On the last day of last term, we celebrated Year 12 Graduation with our first ever livestream event. We were very nervous, but the event went off with only a minor hitch. Extended family of Year 12 students let us know they were glad to be able to join in and parents reported it went well. Of course, nothing matches being together in real life. But with the restrictions, our livestream was a great option to include family.



On Tuesday of Week 2, the Higher School Certificate began for students across the state. Whilst it has been an extraordinary year, I am confident that the Class of 2020 at Muirfield have commenced these exams very well prepared.

It is a time of intense concentration and study, where each individual's mettle is tested. I know our students have worked hard to this point and will continue to do so. We wish them all the best.

### Assessment time & learning Support

At this time of year, the calendar is full of end-of-year assessments. If your child is struggling or not sure what they are meant to do, you can help them by developing their confidence in asking their class teacher for help. Encourage them to seek out their teacher. If they are still not sure, or need some added assistance they can ask one of our support staff for help – Ms James, Mr Trewin, Mrs Brown, Sue Mann and Tracey Lamport are always ready to help. Your child can see any of the support staff in the Learning Support staffroom. The teacher librarian can also help with guiding students on research tasks.



Ms James



Mr Trewin



Mrs Brown



Ms. Sue Mann



Ms. Tracey Lamport

If you want to contact one of your child's class teachers, or the teacher in charge of a faculty, or the Learning Support staff, send an email to the school email account or phone the front office and the administrative staff will pass on the message.

## School Development Days (SDD) in 2021

Earlier this week the NSW Department of Education advised all schools of changes to SDD in 2021. The amendments will impact the number of SDDs occurring in Terms 1 and 4, while SDDs occurring in Terms 2 and 3 will remain the same. The number of days of face-to-face teaching will also remain the same.

Commencing at the start of the 2021 school year, changes include: an increase from one to two SDDs at the commencement of Term 1 and a decrease from two to one SDDs at the end of Term 4. Therefore, SDDs are scheduled for Wednesday 27 and Thursday 28 January 2021. This will impact on the dates students return to school in 2021.

## Students return:

Year 7, 11 and 12 return Friday 29 January 2021

Year 8, 9 and 10 return Monday 1 February 2021

## P&C

In the first week of term, the P&C held their first Zoom meeting. It worked well and we look forward to connecting again on Wednesday 11 November for the last meeting of the year.

In October's meeting, funds were allocated to several projects, including an audio-visual upgrade in the hall and payment of the small gift given to all graduating Year 12 students.

The P&C President is the parent representative on the enrolment committee who review and decide on out-of-area (i.e. non-local) applications. I thank Charmaine's work in this area. While the busiest times are during the three rounds of Year 7 applications, we do get non-local enrolment applications throughout the year for all year groups.





# Student Executive Team 2021

## Captains



Caitlin



Alex



Hazel



Tom

## Leadership Team



Charlotte



Joshua



Daisy



Jackson



Corinne



James



Olivia



Tolstoy

## The Mitchell Youth Leadership Forum - for the School Leaders of 2021

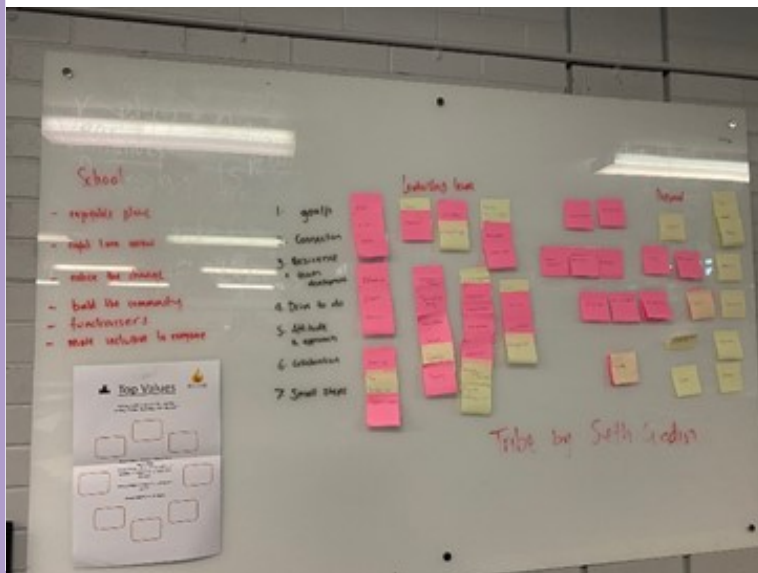
On 15 and 16 of October, 2020, the newly elected, student executive team for 2021 was meant to attend the annual Mitchell Youth Leadership Forum where student leaders go to build-upon leadership skills, build themselves as an individual, take in inspiration, understand diverse values from different guest speakers, take part in community service activities



and create life-long friendships. However, with the current circumstances and restrictions placed in NSW, we were sadly unable to attend the 2 and a half day camp, but had the opportunity to experience a refined virtual forum. Two of the many volunteer camp leaders facilitated the virtual forum at school on Friday 16th of October, 2020.

The Mitchell Youth Leadership Forum commenced at 8:45am, where we were accompanied by other schools in the surrounding area, including Model Farms High, Castle Hill High, Kellyville High and many more, on a zoom meeting. We were given an introduction from the leadership forum

CEO – Tristan Smith and a welcome from Alex Hawke, MP. After the introduction and welcome, we had the chance to interact with the other schools and get to know our Mitchell YLF facilitators, Simon and Rhianon, better.



Our keynote speaker for the forum was Matt Kershaw, is currently the Head of Leadership, Development and Culture (ANZ) for Domino's Pizza enterprises. Matt has experienced many uncertainties throughout his life, such as the removal of a life-threatening 17.5cm tumour from his chest, at 19 years of age. He discussed his 'Five Simple Truths of Leadership' which consisted of "Leadership is an action, not a badge", "Leaders put the future in their own hands", "Be what you want your world to become", "have a bold vision, then make big things small" and lastly, "titles and accolades are temporary, but your legacy will endure".

Matt also spoke about one motto/phase that he lives by, "20 seconds of courage", which has been shaped by life events he has experienced. After Matt's talk, many of my fellow student executive members felt; 'inspired', 'courageous', 'motivated' and 'ready to take on our new duties within the school.'

After Matt Kershaw's talk and perspective on leadership, our Mitchell YLF facilitators, lead us through sessions on courage, integrity, and service. We also learnt about smart goals. In amongst each session, our team had the chance to learn more about each other, collectively come up with our leadership team





values, what change/impact we would like to create to Muirfield in our final schooling year, all accompanied by different team building and skill building activities, which required us to critically think, work together in a team and effectively communicate with one another.

Our final session, on service, gave us the opportunity to begin crafting certain service activities we would like to take initiative on with Ms Reeves, and Ms Ansoul. This allowed us, as student leaders, to have an open discussion on how we can service our school community and wider community.

On behalf of the student executive team, I would like to say one massive thankyou to our volunteer facilitators, Simon and Rhianon, for guiding us through the forum and teaching us so much more!



Thank you to Ms Ansoul, for putting in enormous amounts of effort to ensure we were still provided with an opportunity to take part in the Leadership Forum, guiding us through the third session on service and for liaising with the Mitchell YLF. Thank you Ms Reeves, for finding the time in her busy schedule to talk to us about leadership and discuss with us, our visions and goals, the Mitchell YLF itself, for still offering us the chance to take part in a modified version of the beloved camp. We also thank the school canteen for providing us with lunch on the day.



I commend my grade in the Student Executive Team, for the hard work and effort they put into the Mitchell YLF forum, despite the changes. We made the most out of it and it has prepared us for our new duties within the school. I look forward to working with everyone on the team, as we work to give back to the Muirfield and wider community for our final year.

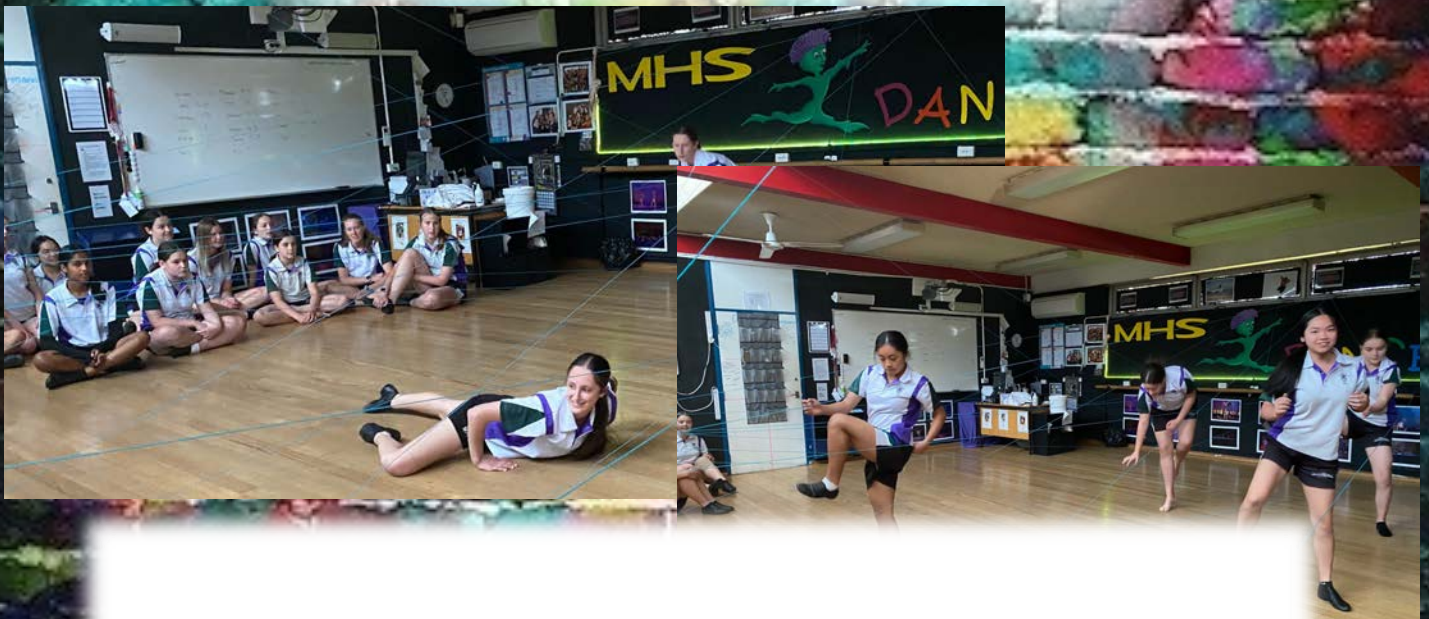
Bring on 2021!

- Article by Muirfield High Schools 2021 School Captain, Caitlin Roach





# Year 9 Dance



Adhering with Covid-19 restrictions, the end of Term 3 surprise for the dance class, held by Miss Knobbs, certainly did not fail to entertain.

With activities teaching the class how to adapt to different performance spaces, such as a dance-themed scavenger hunt and laser maze races, Year 9 Dance thoroughly enjoyed their last lesson of Term 3. Walking into the room, expecting a normal period of working on our performance dances, we were welcomed by string hanging across the room imitating a laser maze, and Miss Knobbs's bubbly smile of course!







Our first activity was to finish the maze as quickly as possible, then to navigate it with a partner and lastly, incorporating aspects of the Elements of Dance. Our class improvised movement within a far from normal performance space. After this was our dance-themed scavenger hunt which we participated in with a friendly-competitive spirit. Our checklist included several requirements such as, "Dance behind a fence," and "Create something inventive," which challenged, yet strengthened our abilities to adapt and create within several new environments whilst performing our dances.

Through dancing in unfamiliar performance spaces, we learnt how to experiment with our surroundings to create something equal to what you would typically expect on a stage. The day was filled with endless laughter and a massive thank you to Miss Knobbs for organising our end of term surprise.



- Jacinta Ballarino  
Year 9 Dance





## Empowered: Innovative Ideas for Supporting Senior High School Students and their Families



**A series of webinars aimed at supporting senior high school students and their parents/carers through to the HSC and beyond.**

**Tuesday 10 November, 7pm–8:30pm**

HSC (Hopeful, Strong, Confident): Supporting Young People through the HSC Years.

Presented by Relationships Australia

**Click here to book**

**Tuesday 17 November, 7pm–8:30pm**

Rituals for Change and Resilience.

Learn how to develop meaningful rituals to help us connect with others, embrace our humanity and make sense of these challenging times together.

Presented by Dr Monty Badami.

**Click here to book**

**Tuesday 24 November, 7pm–8:30pm**

Beyond Your ATAR: Explore the Possibilities.

Presented by Your Compass

**Click here to book**

**Thursday 26 November, 6.30pm–8:30pm**

Korean HSC Webinar for Students and Families.

Learn about HSC course selection and ATAR scores, as well as identifying and managing study stress.

Presented in partnership with Relationships Australia

**Click here to book**

**For more information, contact Sue Downing at Hornsby Shire Council on 9847 6889**  
**[hornsby.nsw.gov.au/community/services/youth](https://hornsby.nsw.gov.au/community/services/youth)**



**FREE**

## Tips for Parenting your Teens

**1 hour online (zoom) chats on parenting your teen presented by Interrelate Relationship Counsellor Ian Parkin.**

**We will chat about ways to improve your relationship with your teen, better understand your teen and ways to talk to your teen so they will listen.**

**Come along to one session or all sessions.**

11 Nov 2020: Tips for a calmer household.

18 Nov 2020: Love Languages and recognizing when your teen is reaching out for you.

25 Nov 2020: The basic's of how to talk so others will listen.

2 Dec 2020: How understanding attachment helps all our relationships.

9 Dec 2020: How to help your teen with their feelings and emotions.

16 Dec 2020: Self care and mindfulness for the holidays.

**Wednesdays 5pm—6pm**

**Online via zoom**

**Presenter Interrelate Counsellor Ian**

**To obtain the zoom link and RSVP email**

**[ian.parkin@interrelate.org.au](mailto:ian.parkin@interrelate.org.au)**





# LEARN A Musical Instrument AT SCHOOL

## JOIN THE BAND

- Teaching Services Australia can help you achieve your creative potential
- Take lessons at school individually or as part of a group
- Affordable, flexible and easy to enrol

### FOR FURTHER INFORMATION

✉ [enrolments@teachingservices.com.au](mailto:enrolments@teachingservices.com.au)

☎ 9651 7333

FLUTE – CLARINET – SAXOPHONE  
TRUMPET – TROMBONE – EUPHONIUM – TUBA  
DRUM KIT – ORCHESTRAL PERCUSSION

Prior experience welcome but not necessary – contact  
[enrolments@teachingservices.com.au](mailto:enrolments@teachingservices.com.au) for further information.

Please ensure you have provided an email address on the enrolment form. Email is our primary means of communication with parents.



Our preference is for online enrolment – use the QR code or visit:

[enrol.teachingservices.com.au](http://enrol.teachingservices.com.au)

Forms may also be returned by email. Scan or send a clear photo of forms to:

[enrolments@teachingservices.com.au](mailto:enrolments@teachingservices.com.au)



## P&C & Uniform Shop News

### P&C News

Due to the current health restrictions, all P&C meetings are cancelled until further notice. If you would like to contact the P&C, please email us on [muirfield.p.and.c@gmail.com](mailto:muirfield.p.and.c@gmail.com).

Charmaine Hetem  
P&C President

### School Uniform Shop

The Uniform Shop is still open to students on Monday 12:30pm-1:30pm (No evening trade until further notice, sorry for any inconvenience).

Orders must be collected from the Uniform Shop on a Monday at lunchtime between 12:30-1:30.

Black fleece jackets are now a standard stocked item and available from the Uniform Shop and via the Qkr app.

Uniform orders can ONLY be placed via the Qkr app or from the Uniform Shop. Please DO NOT hand in order forms to the office, If you have any issues please feel free to contact the uniform shop directly via email at [mfh.pnc.uniform@gmail.com](mailto:mfh.pnc.uniform@gmail.com).

We thank you for your patience at this time.

## MUIRFIELD HIGH SCHOOL UNIFORM SHOP

### TERM 3 & 4 TRADING HOURS

**Monday**  
**12:30 - 1:30pm**  
(Students Only)



### Muirfield High School Uniform Shop

**All uniform items now available on Qkr!**

Qkr! (pronounced 'quicker') is an easy to use app that makes ordering and paying for your school uniforms quick, simple and secure.

#### Getting Started is Easy

##### Step 1 Download Qkr!

Download the Qkr! app to your phone or tablet device (App Store or Play Store)

##### Step 2 Register

Follow the prompts and select Australia.

Set up your name and a password.

Add your credit card details.

Find Muirfield High School.

Add the names of your children.

##### Step 3 Start shopping

Choose the next Monday delivery.

Select the items you want, add to Cart, then Checkout when you are finished.

You can view and print a receipt (or email it) if required.

##### Step 4 Collect purchase

Students pick up their uniform items during Monday lunchtime opening 12:30 – 1:30pm.

(Orders to be placed by Sunday midnight for following Monday pick up)

#### What if I don't have a smart phone?

You can use Qkr! online. Go to <http://qkr-store.qkrschool.com/store> (or Google: qkr australia) and enter Muirfield in the search field. You will need to register, add a child and you will then be able to order uniforms online.

#### Questions about using Qkr!?

If you require further information or have any concerns, please email Muirfield P&C Assoc. Uniform Shop Committee on [mhs.pnc.uniform@gmail.com](mailto:mhs.pnc.uniform@gmail.com).

**\*\*Please note that Uniform Shop orders CANNOT be made via the 'Muirfield High School' website payment system.**

# UNIFORM SHOP PRICE LIST



## Muirfield High School P&C Association Uniform Shop Price List/Order Form Term 3 2020

18/05/2020

	Size	No.	Price	Total
Junior Boys Shirt			\$32	
Senior Boys Shirt			\$32	
Unisex Cargo Shorts			\$38	
Boys Tailored Long Pants			\$50	
Junior Girls Blouse			\$32	
Senior Girls Blouse			\$32	
Pleated Black Skirt			\$38	
Girls Black Pants			\$30	
Green Jumper			\$45	
Green Zip Jacket (limited sizes while stocks last)			\$30	
Black Fleece Jacket			\$65	
Unisex Sport Shirt			\$33	
Unisex (Straight Leg) Sports Shorts			\$30	
Unisex (Regular Leg) Sports Shorts			\$30	
Tracksuit Jacket			\$45	
Tracksuit Pants			\$30	
Senior Ties			\$25	
Apron			\$15	
Scarf			\$8	

Total Amount Owing

\$ \_\_\_\_\_

**Payment can be made by Cash, Cheque or Visa/ MasterCard**

Please make cheques payable to Muirfield High School Uniform Shop

WHY NOT USE OUR ONLINE  
ORDERING VIA

Uniform shop hours :

Monday 12.30 pm to 1.30 pm  
1st Monday night of the month 5.30 pm to 7 pm  
(except where the 1st Monday falls during school & public holidays)



SEE REVERSE





- Year 7, 11 and 12 return for 2021
- All students return for 2021

# 2021

## School Holidays & Terms

- School Holidays
- Public Holidays
- School Development Days

### January

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### February

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

### March

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### April

M	T	W	T	F	S	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### May

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### June

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### July

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### August

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### October

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### November

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### December

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## COMMUNITY NEWS AND ADVERTISEMENTS

Disclaimer: Advertisements placed in the school's newsletter do not reflect an endorsement or otherwise by Muirfield High School of that product or service

# SOCIAL 6.

**Break Out of Iso onto the football field.**



- 6 A-Side Social Female Football.
- 6 Weeks for \$60 (new players - includes insurance)  
(2020 season registered players, RFC-\$40, Non-RFC - \$50)
- No prior experience needed.



[roseleafc.com](http://roseleafc.com) for details and rego.



**Parramatta Lions  
Junior AFL Club**

**Come and play in a club that includes  
Everyone as part of a team!**

**\* All ages \* All abilities \* Boys and girls teams**



Play on Sundays. Train on Thursday nights. Home ground is Old Kings Oval in Parramatta Park. For more info please contact Brad 0420 549 838  
[president@parramattalions.com.au](mailto:president@parramattalions.com.au) [parramattalionsjafc.teamapp.com](http://parramattalionsjafc.teamapp.com)



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# JUMP PERFORMING ARTS

WWW.JUMPPA.COM.AU

Muirfield High School Dance Room

HIP HOP  
CONTEMPORARY  
BALLET



TAP  
JAZZ  
ACROBATICS



**GKR KARATE** PRIME  
STRONG HUMBLE BRAVE



## CONFIDENCE IS THE BEST SELF DEFENCE

You are invited to attend a **FREE TRIAL CLASS**  
at our upcoming **Open Night**

**Muirfield High School, Barclay Rd North Rocks**  
**Tuesday & Friday 4:30-5:15 and 5:30-6:30pm**

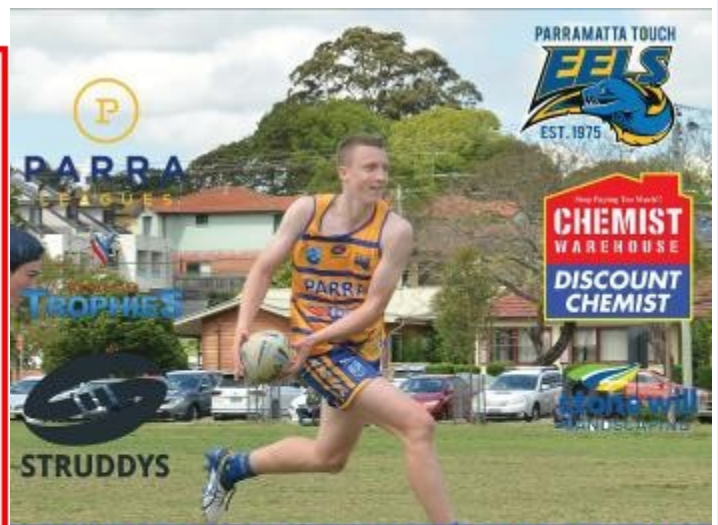
Our classes provide a positive learning environment for the whole family.  
Students of all ages can build confidence, improve their fitness and  
be empowered to reach their maximum potential in all areas of life.

All family members welcome (5 years+)

Family discounts available

Charmaine Agius 0450 011 690

cagius@gkrkarate.com



## PLAY TOUCH FOOTBALL!! 2020 SUMMER JNR COMP



Every team receives a free touch ball

Every player receives a reversible playing singlet

Cost U7-U9= \$70.00 (8 Player Min)

Cost U11-U17= \$80.00 (10 Player Min)

Start on 1st and 2nd of September at Doyle Park

Tuesday= Boys and All Under 9's and 7's & Wednesday= Girls

Active kids voucher accepted

Head to [touchfootball.com.au/register-your-team/](https://touchfootball.com.au/register-your-team/)

MORE INFORMATION PLEASE CONTACT PAM AT [PARRATOUCH@HOTMAIL.COM](mailto:PARRATOUCH@HOTMAIL.COM)  
OR HEAD [HTTPS://PARRAMATTA-DISTRICT.NSWTOUCH.COM.AU/](https://PARRAMATTA-DISTRICT.NSWTOUCH.COM.AU/)



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# INTERESTED IN LEARNING HOW TO PLAY BADMINTON?



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# 50% OFF

the beginners course by providing us with the  
**PROMOCODE BELOW!**

**FLY808**

[www.aba08.com.au](http://www.aba08.com.au)

📞 0421 532 882

✉ [aba@aba08.com.au](mailto:aba@aba08.com.au)



NORTH ROCKS - MUIRFIELD HS

## DANCE CLASSES

**ENROLMENTS NOW OPEN!**

Contact Kirsty - [info@kirstardance.com.au](mailto:info@kirstardance.com.au)

0432 663 884

Discounts for families & multiple classes



### FREE Trial class!

Affordable, fun dance classes in a nurturing environment since 2003.

Offering lessons for 4yrs - Adults, beginners - advanced

Jazz • Contemporary • Hip Hop • Ballet Technique • Lyrical

• Private Lessons

No fuss. No uniforms. No expensive concert costumes.

[KIRSTARDANCE.COM.AU](http://KIRSTARDANCE.COM.AU)

## CASTLE HILL SOFTBALL CLUB



Family  
friendly club  
with teams for  
girls, boys, men  
and women  
ages 3 and  
above!

**Registrations  
now open!**

[castlehill.softball.org.au](http://castlehill.softball.org.au)

[castlehillsoftball@yahoo.com.au](mailto:castlehillsoftball@yahoo.com.au)

Find us on Facebook and Instagram!

@castlehillsoftball

