MUIRFIELD HIGH SCHOOL



Muirfield Matters

Issue 9 2020

Term 3 Week 9

From the 2020 School Captains: Lucy Casteletti & Andre Ameli

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How many students will one day be able to say they turned up to an online classroom in their pyjamas? Or ran in a digital athletics carnival? Or covered their deputy principal's car in sticky notes and cling-wrap? (Yes, we are still especially proud of that last one.)

Our year group certainly has a number of unique experiences to take with us. Some of which came about because of the-virus-thatwill-not-be-named, but all of which are incredibly unforgettable as a result of our tight-knit grade and extraordinary teachers. In a year described way too many times as "unprecedented," it can be easy to focus on what we have lost. Though, amongst all the cancellations and changes, one of our greatest lessons this year has been to make the most of what we still have.



This year, we spent a total of 24 school days in isolation. Had you asked us in the lead up to Year 12 how we imagined our final year to unfold, I would be willing to place all of my leftover canteen vouchers on the fact that none of us would have predicted this. For that reason, we would like to extend our immense gratitude to all of Muirfield's staff for keeping classes running and spirits high throughout this period. Whether it was being a part of the singalong video sent out to students, herding chickens around on a class zoom call, overzealous pets in the background of a call, providing much needed tech support or answering hundreds of student emails, we are extremely grateful to all of the teachers and staff for helping us make the most of this time.

Despite the unorthodox year, the Executive Team managed to experience events that have assisted in developing our leadership understanding, and

assisted us through our weekly meetings. The Mitchell Youth Leadership Forum (MYLF) was the first event we attended collectively as a team, one that would test our individual bubbles by splitting us up into different groups with members from other schools within the Mitchell electorate. It provided a fantastic fundamental opportunity to work together with

individuals from different backgrounds and schools and share their vision and experiences, which ultimately shaped a newfound perspective on our goals for the school.



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#NYLD

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The Halogen Leadership Conference was significantly enriching, it also

provided the opportunity to combine the Executive Team with the senior students of the SRC. It consisted of guest speakers sharing their insights of times where they faced adversity and the challenges they had to overcome. Erin Molan, Channel 9's Sport Presenter, faced adversity for being a woman trying to forge a career as a news reporter, and faced challenges from men who prevented her path of achieving her goal. John Coutis an Inspirational Speaker was diagnosed with a severe physical disability that rendered his legs unusable. He continued to make the arena laugh but also shed light on the harassment and bullying he received at school.

On behalf of our cohort we would like to thank Mr Jankovics and Ms Reeves for being the best deputy principal and principal respectively that we could ask for. We were all extremely grateful that Mr Jankovics saw the funny side of finding his car covered in an array of sticky notes. We have been so fortunate to progress through our final years of school in a safe and fulfilling environment under their sagacious guidance

and leadership. They have encouraged us to push past our boundaries and seek out success, and have left an indelible mark upon our grade.





Moreover, on behalf of the Student Executive team we would like to thank Ms Ansoul for her dedication and hardwork in organising and assisting us in planning activities to engage the whole school. She has dedicated her heart and soul into maintaining our well-being by considering both study and our dedication to the school. She has spent countless hours in making sure everything has run smoothly and flawlessly. The one thing that Andre will miss most about Ms Ansoul is the compliments on his lunch every Thursday and his majestic beard.

Furthermore, we can not forget the foundation leader of our year group Mr Wilcox. His kind and generous heart was instrumental for us through our years of high school, he is a person to talk to without any hesitation about any problem or situation. Your work ethic and passion towards our year group will never be forgotten, and we are glad that you will be able to celebrate with us our fantastic achievements at Graduation and Formal.

To conclude, we would like to congratulate the Student Executive Team of 2021 and wish them the best of luck for 2021 and we hope you have the opportunity to maximise your effort with a year free of distractions.



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A massive congratulations to our newest School Captains, Alex Cuskelly and Caitlin Roach, who will undoubtedly continue to commit their time and dedication to representing the school with pride whilst promoting the school culture alongside the Vice-Captains Tom Barker and Hazel Swadling. Their passion and commitment will continue to drive and uphold the values of the school that we have honoured at our time at Muirfield.



2021 School Captains Caitlin Roach & Alex Cuskelly





2021 School Vice Captains Hazel Swadling & Tom Barker

Thank you for the everlasting memories Murifield, this is a journey we will never forget!



From the Student Executive Team -Harrison McKinnon & Tara Moghadam

Looking back at the time we have spent with such an amazing group of people, we can certainly agree that these past six years





have been unforgettable. Our journey at Muirfield High School has made such a positive impact on our lives and has shaped us into the young adults we are today. Remembering all the times of laughter and moments of stress, especially when cramming for exams, we are incredibly grateful for all of the support from our teachers, families and peers.



It all began back in 2015, and like many Year 7 students before us, we were filled with nerves and anticipation as we carried backpacks that were twice our size and could fit an entire library's worth of books. The first day of Year 7 introduced us to the daunting, yet exciting world of high school where we were greeted with the friendly faces of our peer support leaders. Here we were put into groups which helped us gain confidence, make new friends and find our voices in this new world.

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We can all recall the awkward jokes and moments throughout those early days of high school as we got to know each other and began to learn what life at high school would be like. Having different teachers for each subject was unfamiliar to begin with. However, knowing all the work that they put in to make us feel comfortable and respected will forever be appreciated.

Learning everyone's names proved difficult too, but after various events such as peer support and Year 7 camp, we all became closer and felt more a part of the Muirfield community.





Camp was definitely a highlight of our journey at Muirfield. Being crammed into cabins with people we had only known for a matter of weeks fostered a greater sense of unity and built friendships that are still strong to this day. It was difficult at first, but we were soon able to create long-lasting memories and were lucky to be put in a wonderful position at the very start of high school.

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language in Japanese and nerve-racking English speeches.



As the junior years of high school were coming to a close, we started our first day of Year 10. This year was packed with fun memories and various programs to prepare us for the transition into senior school. Here we were given the opportunity to undertake work experience, providing us with insight into the realities of the workforce and potential career paths to consider before our HSC subject selections.



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Soon after, our selections were made, and we were off to camp. Year 10 camp was filled with action and laughter. From being too afraid to pull the rope at the top of the giant swing, to the smelly mud-run, it



was an experience that we will cherish. Unlike Year 7 camp, friendships had already formed, and we were able to focus on enjoying our time together before moving on to our senior years.

As we moved into the later stages of Year 10 and the beginning of Year 11, we were given the opportunity to lead our own group of Year 7 students in peer support. This allowed us to share the information we were once provided with and provide students with insights into starting at Muirfield. This included tours around the school and activities to build their confidence. Through participation in this program, peer support leaders were able to develop their leadership and interpersonal skills in preparation for future job interviews and leadership roles.

Then we reached the pinnacle of our schooling life, Year 12. The year where every student puts in that extra bit of effort. We'd be lying if we said any Year 12 cohort has it easy, and 2020 brought its



own unique difficulties. COVID-19, a phrase that Year 12 2020 will never forget. The year has been full of challenges and uncertainties but also laughter, connection and friendships. As a year group, we grew closer; building stronger connections and drawing strength from our peers and teachers, with the understanding that we are all in the same predicament. We could go into detail about all the things we lost. An athletics carnival, a graduation full of eager, yet nervous parents, hire a helper day and much more. But that is not how we should remember our final year. Instead, we should be remembered as the year group that didn't take a backward step during these times of adversity and continued to strive to do our best.



April 2020 hit us like a tonne of bricks. Chained to our rooms, the dreaded lockdown began with many deciding it was a great time to go into hibernation. Others were introduced to alternate modes of learning such as Zoom, where we got to see all our peers and teachers from their homes. We can definitely admit it was a struggle to begin with, but nevertheless we learnt to adapt and, in some ways, became closer despite the physical distance. Coming back from our longest break from school ever was exciting but emotional as we had lost so much time together. However, we proved that not even a pandemic can slow us down as we near the end of our journey at Muirfield with even more determination and motivation.

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We would never have survived the high demands of Year 12 if it wasn't for all of our teachers, who we will forever be indebted to.

Every year, teachers are focused on students in Year 12 achieving personal goals as well as achieving career aspirations and a future outside of high school. This year was no exception. Every single teacher made the extra effort to ensure students felt comfortable through challenging and uncertain times. Special mention must go to a few people. The entire Senior Executive, in particular Ms Reeves and our Deputy, Mr Jankovics.

We also thank Mr Wilcox, our Year Advisor, for his efforts and dedication over the last six years. Year advisors often find a way to fly under the radar, but Mr Wilcox should not. Our problems became his problems and he always found a way to resolve them. He worked alongside the senior executive to explore every potential avenue for alternative end of year celebrations to compensate for the events we've missed out on, and more importantly, he was always there for a chat and a laugh.

We are also grateful for the work of Ms Pasternatsky, the Careers Advisor. Being a careers advisor is never easy, especially during a global pandemic where



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job openings are incredibly limited. But her efforts and support will never be forgotten. Always ensuring that the cohort had the most up to date information about everything we needed to know; from NESA to UAC.



We also thank Ms Ansoul. As the Head Teacher of Senior Studies and Coordinator of the Student Executive, she has always been there to ensure students were on track, both within and outside of the executive team.

To conclude, a big thank you to everyone who has made a contribution to our schooling lives. From our parents, to the teachers, the admin staff, the cleaning staff, the support staff and everyone else. And to the rest of Year 12, we are almost there. We've survived schooling during a global pandemic. Now let's smash our final exams and go out with flying colours. Green and purple, of course.









From the Deputy Principal - Mr Jankovics

Farewell Year 12

The final moments of schooling always bring about such excitement and relief for making it through 13 years of school. There is the inevitable stress, late nights, a lot of

cramming and normally a distinct nervousness as students realise their world is about to change. For the cohort of Year 12 2020 their world has already changed having finalised their last year of schooling in the middle of a global health pandemic.

The uniqueness of what they have managed to study and live through will leave an indelible mark on them and their memories of school. On Friday 25 September our school community farewells this resilient

group of young adults. Since arriving at Muirfield High School in 2017 I have held a special place for this year group and it is with confidence I am able to see the profound ways in which they have contributed positively to the

The strength of Muirfield comes from its strong sense of community, the

support that students offer one another and the warm relationships between staff and students. COVID-19 has distilled this strong sense of community. Acceptance, belonging and resilience is evident in so many ways within this cohort: the passion and enthusiasm of the students organising special events, the friendliness with which students areet one another and staff members and the expression of pride they have for their school.









As your formal schooling comes to a close, remember that you will always be bound by the shared experiences at Muirfield High School as the class of 2020. You have acquired the skills to live your own life, and actively control your own destinies. You have been supported, coached, mentored, educated, and encouraged. You are now prepared to survive a complex world that struggles to manage the twin revolutions of information technology and biotechnology. It is a world where education is a continual process of learning, unlearning and relearning. A world where one must be prepared to discard outdated skills and relearn in order to stay relevant and ahead of the big data algorithms threatening to create digital dictatorships. I encourage you to embrace this future of uncertainty and use your knowledge of learning to adapt and improve society.

Special acknowledgement and thanks go to the Student Executive for the way in which they have led the school over the past year, they have acted as exemplary role models. Our School Captains, Lucy Casteletti & Andre Ameli, have been dedicated, committed and inspiring student leaders. I have thoroughly enjoyed working with them and they are to be commended for the way in which they have fulfilled their roles. They have been ably supported by Vice Captains, Elen Davies and Anthony Kanaan, who were always there to provide support, advice and effort.

Congratulations also to all the Year 12 Student Executive have fulfilled their duties admirably.



One very special person who has been on this journey with you has been your Year Adviser – Mr Wilcox. His dedication and enthusiasm to the role has been outstanding. He worked tirelessly to ensure that every student's emotional and mental wellbeing was supported, especially during COVID-19. He would often appear at my office voicing concern for a student and helped initiate various supports.

I would like to take this opportunity to thank the parents, carers and extended families of Year 12, for working so positively with the school. The school appreciates your support. We sincerely hope that as this stage of your life draws to a conclusion, that it has been an enjoyable experience and if you are about to repeat this with a younger sibling then you are well prepared for the coming years.



To all of the Muirfield High School's teaching staff who have worked with our graduating students to have them prepared for their impending examinations, a sincere thank you. To Ms Ansoul, also a big thank you for all the work you have done with the Senior Leadership Team and for your role in supporting students as the Head Teacher Secondary Studies. Finally, to Ms Pasternatsky our Careers Adviser, a huge thankyou for providing carer advice and direction to many in this year group throughout the years.

All the staff and students at Muirfield High School bid Year 12 a fond farewell and wish them all the best in their HSC and future careers and hope they remember their days as a student of Muirfield High School with fondness and pride. We cannot wait to hear of the way you have succeeded and served others in the future as you continue to make our world a better place to live.

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Student Safety

Our school is a very busy place at drop off and pick up times and with school improvement works continuing the internal roadway becomes very congested. In order to help ensure the safety of students and staff we encourage all parents and students who drive to school to use Tiernan Avenue as a drop off and pick up point. Students can cross Barclay Road using the pedestrian crossing at the lights. Please do not drop your children off inside the school grounds. The school carpark is not designed to safely facilitate drop offs and pick ups.

Our school community looks to all parents and students to follow this advice and help maintain the safety of all Muirfield students and staff.

When your child misses just	that equals	which is	and therefore, from Kindy to Year 12, that is	This means that the best your child can achieve is
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	r year Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year 16 weeks per year Over 5 years of learn		Over 5 years of learning	Equal to finishin Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Helping Our Front Line Workers Year 9 & 10 Visual Arts & Visual Design

1 Profile

COVID-19 has had a detrimental impact on the community and essential workers have been pushed to the brink. Therefore, when Miss Frame was approached by a doctor to make clips for their masks, students jumped at the opportunity to contribute and help. The clips are intended to stop ears from getting sore and blistered by the elastic from long term wear.

The clips made for the medical staff were designed by Visual Design students and 3-D printed by Year 10 Visual Arts, whilst Year 9 Visual Arts gave feedback. During this time students have been feeling unmotivated, but the opportunity to do something to help those who are risking their safety and sacrificing their time made students feel empowered and proactive. With students facing the difficulties of online learning and social distancing the chance to assist in providing some comfort to the medical workers working long hours has proven to be a source of enthusiasm and purpose Students felt happy to be a part of something positively impacting our community and making a small contribution to potentially aid those who are making a significant difference during these trying times. We are also grateful to Bilby 3D who gave amazing support and financial discounts for the purchase of the materials. If any medical staff or first responders would like a clip, feel free to contact the schools front office for further details. Much appreciation to Miss Frame, the Visual Design and Arts Team for taking their time to passionately get involved in this project.

If you are interested in supporting our alumni art students, then look no further than ByChartreuse on Etsy. Run by one of our wonderful 2019 graduates, Charlotte Wynn. CAPA can attest to the great quality of handmade masks she is selling as she generously donated to the CAPA Faculty.

By Sophie Balada-Gray





Ms Shelley Frame and Muirfield High School Art Students,

Local Health District

We would like to thank you and all of the students who contributed to the design and creation of the face mask holders. We deeply appreciate the thought that has gone into the creation of the mask holders. They are not only functional, but the creative designs have also put a smile on our faces (behind the masks!)

The mask holders have allowed us to wear our personal protective equipment safely when examining patients who attend Royal North Shore Hospital.

Thank you for your contribution to keeping the staff and community safe from COVID-19.

Doctors, Nursing Staff and Research Staff Department of Endocrinology, Diabetes & Metabolism Royal North Shore Hospital.

Notice to All Our Amazing Band Members

CONGRATULATIONS!

As term 3 draws to a close TSA wishes to congratulate the amazing student musicians who have been 'keeping the music alive' at school during these crazy times.

Whilst we have not had the chance to showcase your wonderful talents on the stage, we want you all to know that you have blown us away with your resilience and creativity. You should be very proud!

A massive thankyou must also go to your teachers, parents and the whole school community who have helped support you through these times.

We look forward to seeing you all next term!



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P&C & Uniform Shop News

P&C News

Due to the current health restrictions, all P&C meetings are cancelled until further notice. If you would like to contact the P&C, please email us on muirfield.p.and.c@gmail.com.

Charmaine Hetem P&C President

School Uniform Shop

The Uniform Shop is still open to students on Monday 12:30pm-1:30pm (No evening trade until further notice, sorry for any inconvenience).

Orders must be collected from the Uniform Shop on a Monday at lunchtime between 12:30-1:30.

Black fleece jackets are now a standard stocked Item and available from the Uniform Shop and via the Qkr app.

Uniform orders can ONLY be placed via the Qkr app or from the Uniform Shop. Please DO NOT hand in order forms to the office, If you have any issues please feel free to contact the uniform shop directly via email at mfh.pnc.uniform@gmail.com.

We thank you for your patience at this time.

MUIRFIELD HIGH SCHOOL UNIFORM SHOP

TERM 3 & 4 TRADING HOURS

Monday 12:30 - 1:30pm (Students Only)



Muirfield High School Uniform Shop

All uniform items now available on Qkr!

Qkr! (pronounced 'quicker') is an easy to use app that makes ordering and paying for your school uniforms quick, simple and secure.

Getting Started is Easy

Step 1 Download Qkr!

Download the Qkr! app to your phone or tablet device (App Store or Play Store)

Step 2 Register

Follow the prompts and select Australia. Set up your name and a password. Add your credit card details. Find Muirfield High School. Add the names of your children.

Step 3 Start shopping

Choose the next Monday delivery. Select the items you want, add to Cart, then Checkout when you are finished. You can view and print a receipt (or email it) if required.

Step 4 Collect purchase

Students pick up their uniform items during Monday lunchtime opening 12:30 – 1:30pm. (Orders to be placed by Sunday midnight for following Monday pick up)

What if I don't have a smart phone?

You can use Qkr! online. Go to <u>http://qkr-store.qkrschool.com/store</u> (or Google: qkr australia) and enter Muirfield in the search field. You will need to register, add a child and you will then be able to order uniforms online.

Questions about using Qkr!?

If you require further information or have any concerns, please email Muirfield P&C Assoc. Uniform Shop Committee on <u>mhs.pnc.uniform@gmail.com</u>.

Please note that Uniform Shop orders **CANNOT be made via the 'Muirfield High School' website payment system.



Muirfield High School P&C Association Uniform Shop Price List/Order Form Term 3 2020

18/05/2020

	Size	No.	Price	Total
Junior Boys Shirt			\$32	
Senior Boys Shirt			\$32	
Unisex Cargo Shorts			\$38	
Boys Tailored Long Pants			\$50	
Junior Girls Blouse			\$32	
Senior Girls Blouse			\$32	
Pleated Black Skirt			\$38	
Girls Black Pants			\$30	
Green Jumper			\$45	
Green Zip Jacket (limited sizes while stocks last)			\$30	
Black Fleece Jacket			\$65	
Unisex Sport Shirt			\$33	
Unisex (Straight Leg) Sports Shorts			\$30	
Unisex (Regular Leg) Sports Shorts			\$30	
Tracksuit Jacket			\$45	
Tracksuit Pants			\$30	
Senior Ties			\$25	
Apron			\$15	
Scarf			\$8	

Total Amount Owing

Payment can be made by Cash, Cheque or Visa/ MasterCard

Please make cheques payable to Muirfield High School Uniform Shop

Uniform shop hours : Monday 12.30 pm to 1.30 pm 1st Monday night of the month 5.30 pm to 7 pm (except where the 1st Monday falls during school & public holidays) WHY NOT USE OUR ONLINE

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SEE REVERSE

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SCHOOL HOLIDAY PROGRAM

HILLS ULTIMATE FRISBEE ASSOCIATION

Where: Eric Mobbs Reserve, Castle Hill When: 8 Oct 2020 - 9 Oct 2020, 9am-4pm Cost: \$55 (one day), \$90 (two days) \$30 (half day) Who: For ages 8-18 Contact: juniors@hillsultimate.com.au



O f @HILLSULTIMATE

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SOCIAL 6

Break Out of iso onto the lootball field.



- 6 A-Side Social Female Football.
- 6 Weeks for \$60 (new players Encludes insurance) (2020 sector registered players, RFC-340; Non-RFC - \$50)
- No prior experience needed.



roseleafc.com for details and rego.



Play on Sundays. Train on Thursday nights. Home ground is Old Kings Oval in Parramatta Park. For more info please contact Brad 0420 549 838 president@parramattalions.com.au parramattalionsjafc.teamapp.com

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CONFIDENCE IS THE BEST SELF DEFENCE

You are invited to attend a FREE TRIAL CLASS at our upcoming Open Night

Mulrfield High School, Barclay Rd North Rocks Tuesday & Friday 4:30-5:15 and 5:30-6:30pm

Our classes provide a positive learning environment for the whole family. Students of all ages can build confidence, improve their fitness and be empowered to reach their maximum potential in all areas of life. All family members welcome (5 years+)

Family discounts available

Charmaine Agius 0450 011 690

cagius@gkrkarate.com





Every team receives a free touch ball Every player receives a reversible playing singlet Cost U7-U9= \$70.00 (8 Player Min) Cost U11-U17= \$80.00 (10 Player Min)



PARRAMATTA TOUCH

CHEMIST

Start on 1st and 2nd of September at Doyle Park Tuesday= Boys and All Under 9's and 7's & Wednesday= Girls

Active kids voucher accepted Head to touchfootball.com.au/register-your-team/

AORE INFORMATION PLEASE CONTACT PAM AT PARRATOUCH@HOTMAILCOM OR HEAD HTTPS://PARRAMATTA-DISTRICT.NSWTOUCH.COM.AU/

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Registrations now open!

MEINTYRE

MEINTYRE

castlehill.softball.org.au castlehillsoftball@yahoo.com.au

Find us on Facebook and Instagram! @castlehillsoftball Family friendly club with teams for girls, boys, men and women ages 3 and above!