



# Muirfield Matters

Issue 3 2020

Term 1 Week 9

## From the Deputy Principal - Mr Jankovics



### Unprecedented Times

We live in uncertain times, with the impact of recent natural disasters and now COVID-19 impacting on our daily lives, in such a dramatic way. This virus is testing our resolve and endurance. I never would have envisaged writing to our school community in the middle of a pandemic. We have all been astounded by how the fears related to COVID-19 have manifested throughout our society from the panic-buying of toilet paper to the current remote learning that our students are now engaging in.

The school has emailed daily in an attempt to keep students and parents informed in a quickly changing and fluid situation. I trust that you have found these useful and I thank the many parents who have relayed their appreciation to the school for this enhanced communication.

Students and teachers have rallied and are adapting to new ways of doing things through the creation of our online-learning platforms. It has been a huge task to change the mode of education delivery from face to face to distance education within such a short timeframe. We are all learning by doing. Mr Carpenter has been running staff training to



Mr Carpenter running a eLearning training course for teachers

### INSIDE THIS ISSUE

From Mr.  
Jankovics

- Unprecedented Times
- International Women's Day

1-4

Muirfield Library -  
you can still  
borrow!

5-8

International  
Women's Day  
Breakfast

9-10

P&C, Uniform  
Shop & Canteen  
News

11

2020 Calendar

12

increase teacher capacity in the delivery of remote learning. We are lucky to have his expertise and enthusiasm.

The teachers at Muirfield High School have put in an amazing amount of time on top of their normal face to face delivery and should be congratulated for their outstanding efforts in this area to date.

All the teachers, including myself, are already missing the personal interactions we share with students. For many of us this is why we became teachers in the first place: when you see a student have that 'lightbulb' moment or being there to witness the look of enjoyment and engagement when students have worked through a problem and reached a solution. Missing that human connection is a real struggle for the staff here at Muirfield High School.

In my classes I have recently introduced brain breaks, a short period of time when you change up the class routine and introduce a focused-attention practice to positively impact the students emotional and learning state.

Brain breaks can refocus the students neural circuitry and be used to stimulate or quieten so that students can return to the next section of learning feeling centered and ready to learn.



There are many Brain Break activities online that a quick google search will reveal and incorporating these into your current home learning routines may be a good way of reenergising your child as they move through



Ms Reeves holding a whole staff meeting remotely



Year 7 having a brain break

their online learning. The Department of Education has also provided some advice to parents and carers.

You can find this information here: <https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers#Setting2>

I would like to acknowledge the positive way the students, staff and community have responded to this extraordinary circumstance we find ourselves in. There is much advice that can be given when we face difficult times but at Muirfield we have summed it up in three short statements; Keep Calm, Stay Wise and Be Kind.

We're all in this together, even when we are forced apart, so understanding there are things out of your control, choosing positive actions and reaching out to help others are all positive actions that can make uncertain times easier to navigate.

Keep safe.





## International Woman's Day Breakfast

### Each for Equal

On Friday 6 March MHS hosted our annual international Woman's Day Breakfast.

The Breakfast, which was held in our renovated library, is an event that celebrates what women have achieved together to make the world a better place, and a brighter future for all girls.



Members of the Student Executive Team spoke to the theme of this year's day which was # Each for Equal. The awesome musical entertainment was provided by Lyndsay Chang, Tolly Wilkinson, Liam Skinner, Grace Montgomery and Jasmine Schiller.

These events would not be possible without the dedication of staff pooling their resources together to ensure these events have the significance that they deserve. The teachers involved were Ms. Angelo (and her hospitality crew which included the TAS faculty) and Mr. Alley (and his sound crew). I would especially like to thank Ms. Pasternatsky for all her leadership in both organising the breakfast to fruition and her ongoing efforts in supporting the girls at Muirfield in her work as Girl's Advisor.

A gold coin donation was collected on the day. The proceeds going to The Sanctuary, a women's shelter providing temporary accommodation for women with or without children escaping homelessness and domestic violence.



## **From the Library - You can still borrow in person and from home**

My name is Ms Adams and I am the Teacher Librarian at Muirfield High School. At the moment I am part-time, working every Thursday and Friday and every Wednesday in Week B. My co-Teacher Librarian is Ms Lim who works Mondays, Tuesdays and Wednesdays Week A.



Ms Adams



Ms Lim

The Muirfield School Library is open before school from 7:45am and closes at the end of the school day at 2:35pm. As long as schools are operating we will continue to have our doors open, and are happy to offer assistance and support for all your library related needs.

As Teacher Librarians, Ms Lim and I are committed to assisting all students and teachers with course work, assessment tasks, research skills and study techniques.

We have a wide variety of audiobooks and eBooks available for students to download to their devices. These are accessible through the Wheelers e-platform App or via the Library Catalogue system, Oliver, which can be accessed through the student online portal.



In the Library, we run the Premier's Reading Challenge for all Year 7 students, and those students from Year 8 - 10 who wish to participate. We have a large selection of books available in the Library and are always happy to provide recommendations or help a student find the right book for them

Additionally, on Wednesday afternoons Week B during Sport, I run Senior Study sessions for Year 11 and 12 students. This is an opportunity for senior students to receive one-on-one assistance with their work or develop personalised study techniques.

## **PARENT AND CAREGIVERS**

### **PLEASE DO NOT DRIVE INTO THE SCHOOL GROUNDS**

In the interests of student safety, **parents and caregivers are not permitted to drive onto school grounds at any time, including before or after school, to drop off or collect students, or to attend meetings with staff.**

There are deliveries and staff accessing the car park at different times during the day and the access is very narrow.

**The only exceptions to this is when either you or your passenger has a disability or if you are picking up a sick or injured student.**



## **STUDENT SAFETY IS UP TO ALL OF US**

### **THANK YOU FOR PLAYING YOUR PART**

# HOW TO SET UP YOUR E-LIBRARY!

## ACCESSING MUIRFIELD HIGH SCHOOL'S E-BOOKS AND AUDIOBOOKS

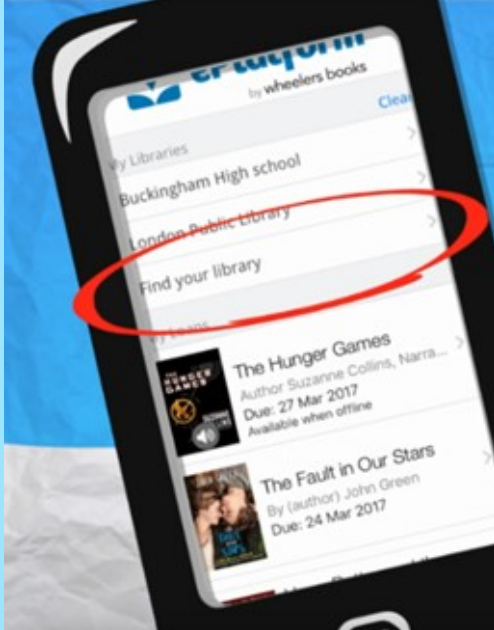
**1.**  
**Download The ePlatform App**




Download on the App Store | Get it on Google play | Download on the Windows Store

**2.**  
**Find your School Library**

You'll only have to do this once! Login with your username and password.



Download on the App Store | Get it on Google play | Download on the Windows Store



**3.**  
**Borrow an Audiobook or eBook**

Pick a title from our expanding collection of Audiobooks and eBooks and click 'borrow' - it really is that simple.



Download on the App Store | Get it on Google play | Download on the Windows Store



# 7 Signs Your Child Needs Help From Their School Library

*They use digital media every day but...*

FRUSTRATED

They get frustrated with homework and assignments

They feel overwhelmed by research tasks

OVERWHELMED

BORED

They can't find topical, age appropriate digital content

They have trouble knowing which information to trust

CONFUSED

VULNERABLE

They don't understand the privacy settings on their social media accounts and devices

They rarely read for pleasure and their literacy is lagging

POOR LITERACY

POOR RESULTS

Their grades are starting to suffer

Is your child's school library all that it can and should be?

HOW CAN I HELP?



Ask about your child's access to a well- resourced school library and qualified library staff.



Share on social media  
#StudentsNeedSchoolLibraries



Visit the Students Need School Libraries website for more ideas and info



**Students Need School Libraries**  
[studentsneedschoollibraries.org.au](http://studentsneedschoollibraries.org.au)



# INTERNATIONAL WOMEN'S DAY

2020



Did you know that the first International Women's Day was observed in 1909? It emerged as a result of the garment worker's strike in New York in 1908, where women protested for better pay, shorter hours, and voting rights.

Since then, the world has seen many incredible advancements that have recognised women both socially and politically. Across the world, improvements – including, but definitely not limited to the recognition of women in sport, pay, access to education for girls and women have continued to progress, building women up and bringing us closer to equality.

Muirfield's annual International Women's Day breakfast serves to encourage and recognise the work and successes of women. The celebration is open to all – not just women, as we strive to come together and work as one to create equality, reflecting this year's theme - #EachForEqual.

We commend an array of wonderful women's achievements in recent years, for example first all women space walk in cosmonautical history with NASA Astronauts Jessica Meir and Christina Koch; Computer Scientist Katie Bouman and her team created the algorithm which made the first ever photograph of a black hole being taken possible; and Sub Lieutenant Shivangi Singh became the Indian air force's first female pilot.

We also come together to recognise and thank the women in our own lives. From family members, to friends, to teachers, International Women's Day is a reminder of their significance on us and our world.

Lucy Castelletti, Year 12





# #EQUAL

Celebrate  
INTERNATIONAL  
WOMEN'S  
DAY 2020





## **P&C, Uniform Shop & Canteen News**

### **P&C News**

Due to the current health restrictions, all P&C meetings are cancelled until further notice. If you would like to contact the P&C, please email us on [muirfield.p.and.c@gmail.com](mailto:muirfield.p.and.c@gmail.com).

Charmaine Hetem  
P&C President

### **School Uniform Shop & Canteen**

For the safety of Students and Staff the Uniform Shop and Canteen are closed until further notice. Any questions for the Uniform Shop can be asked via their email: [mhs.pnc.uniform@gmail.com](mailto:mhs.pnc.uniform@gmail.com).

Thank you for your understanding and continued support.  
Muirfield High School Uniform Shop Committee





# 2020

## School Holidays & Terms

- School Holidays
- Public Holidays
- School Development Days

| January |    |    |    |    |    |    | February |    |    |    |    |    |    | March |    |    |    |    |    |    | April |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|
| M       | T  | W  | T  | F  | S  | S  | M        | T  | W  | T  | F  | S  | S  | M     | T  | W  | T  | F  | S  | S  | M     | T  | W  | T  | F  | S  | S  |
|         |    |    |    |    |    |    |          |    |    |    |    |    |    |       |    |    |    |    |    |    |       |    |    |    |    |    |    |
| 6       | 7  | 8  | 9  | 10 | 11 | 12 | 3        | 4  | 5  | 6  | 7  | 8  | 9  | 2     | 3  | 4  | 5  | 6  | 7  | 8  | 6     | 7  | 8  | 9  | 10 | 11 | 12 |
| 13      | 14 | 15 | 16 | 17 | 18 | 19 | 10       | 11 | 12 | 13 | 14 | 15 | 16 | 9     | 10 | 11 | 12 | 13 | 14 | 15 | 13    | 14 | 15 | 16 | 17 | 18 | 19 |
| 20      | 21 | 22 | 23 | 24 | 25 | 26 | 17       | 18 | 19 | 20 | 21 | 22 | 23 | 16    | 17 | 18 | 19 | 20 | 21 | 22 | 20    | 21 | 22 | 23 | 24 | 25 | 26 |
| 27      | 28 |    |    |    |    |    | 24       | 25 | 26 | 27 | 28 | 29 |    | 23    | 24 | 25 | 26 | 27 | 28 | 29 | 27    | 28 | 29 | 30 |    |    |    |
|         |    |    |    |    |    |    |          |    |    |    |    |    |    | 30    | 31 |    |    |    |    |    |       |    |    |    |    |    |    |

| May |    |    |    |    |    |    | June |    |    |    |    |    |    | July |    |    |    |    |    |    | August |    |    |    |    |    |    |
|-----|----|----|----|----|----|----|------|----|----|----|----|----|----|------|----|----|----|----|----|----|--------|----|----|----|----|----|----|
| M   | T  | W  | T  | F  | S  | S  | M    | T  | W  | T  | F  | S  | S  | M    | T  | W  | T  | F  | S  | S  | M      | T  | W  | T  | F  | S  | S  |
|     |    |    |    |    |    |    |      |    |    |    |    |    |    |      |    |    |    |    |    |    |        |    |    |    |    |    |    |
| 4   | 5  | 6  | 7  | 8  | 9  | 10 | 1    | 2  | 3  | 4  | 5  | 6  | 7  | 6    | 7  | 8  | 9  | 10 | 11 | 12 | 3      | 4  | 5  | 6  | 7  | 8  | 9  |
| 11  | 12 | 13 | 14 | 15 | 16 | 17 | 8    | 9  | 10 | 11 | 12 | 13 | 14 | 13   | 14 | 15 | 16 | 17 | 18 | 19 | 10     | 11 | 12 | 13 | 14 | 15 | 16 |
| 18  | 19 | 20 | 21 | 22 | 23 | 24 | 15   | 16 | 17 | 18 | 19 | 20 | 21 | 20   | 21 | 22 | 23 | 24 | 25 | 26 | 17     | 18 | 19 | 20 | 21 | 22 | 23 |
| 25  | 26 | 27 | 28 | 29 | 30 | 31 | 22   | 23 | 24 | 25 | 26 | 27 | 28 | 27   | 28 | 29 | 30 | 31 |    |    | 24     | 25 | 26 | 27 | 28 | 29 | 30 |
|     |    |    |    |    |    |    | 29   | 30 |    |    |    |    |    |      |    |    |    |    |    |    | 31     |    |    |    |    |    |    |

| September |    |    |    |    |    |    | October |    |    |    |    |    |    | November |    |    |    |    |    |    | December |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| M         | T  | W  | T  | F  | S  | S  | M       | T  | W  | T  | F  | S  | S  | M        | T  | W  | T  | F  | S  | S  | M        | T  | W  | T  | F  | S  | S  |
|           |    |    |    |    |    |    |         |    |    |    |    |    |    |          |    |    |    |    |    |    |          |    |    |    |    |    |    |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 | 5       | 6  | 7  | 8  | 9  | 10 | 11 | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 7        | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 | 12      | 13 | 14 | 15 | 16 | 17 | 18 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 14       | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 | 19      | 20 | 21 | 22 | 23 | 24 | 25 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 21       | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 |    |    |    |    | 26      | 27 | 28 | 29 | 30 | 31 |    | 23       | 24 | 25 | 26 | 27 | 28 | 29 | 28       | 29 | 30 | 31 |    |    |    |
|           |    |    |    |    |    |    |         |    |    |    |    |    |    | 30       |    |    |    |    |    |    |          |    |    |    |    |    |    |