

sandwiches

Toasted sandwiches

White or brown bread. GF bread +\$1.00

Cheese	\$4.00
Cheese & tomato	\$5.00
Ham & cheese	\$5.50

Freshly made sandwiches

White or brown bread. GF bread +\$1.00

Canteen

ME NU

Effective 01/01/2024



Cheese	\$3.50
Cheese & lettuce	\$4.00
Cheese & tomato	\$4.50
Cheese, tomato & lettuce	\$5.00
Ham	\$4.00
Ham & tomato	\$5.00
Ham, tomato & lettuce	\$5.00
Ham & cheese	\$5.00
Ham, cheese & lettuce	\$5.00
Chicken and salad	\$5.00
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salads	
Egg & feta salad	\$7.00
Couscous salad	\$7.00
Garden salad	\$7.00
Butternut & feta salad	\$7.00
Greek salad	\$7.30
Caesar salad	\$7.30
Grilled chicken salad	\$7.30
Crispy chicken salad	\$7.30
Vegetarian pasta salad	\$7.00
Pesto pasta salad	\$7.00
Grilled chicken pasta salad	\$7.30
Crispy chicken pasta salad	\$7.30

daily home-cooked lunch

See Qkr! for meal options of the day \$7.30

hot foods

Sausage rolls	\$5.00
Pies Chicken / Beef / Beef & potato / Vegetar	\$5.00 ian
Chicken nuggets	\$4.30
Garlic roll	\$2.80
Homemade pizza scrolls	\$4.80
Potato wedges with Tomato, BBQ or Sweet Chilli sauce	\$4.50
Noodle cups Chicken / Beef / Oriental GF Beef / GF Chicken / GF Mi Goreng	\$3.50 \$4.50
Hot dog with Tomato or BBQ sauce	\$4.30
Bacon and egg roll GF +\$1.00	\$5.30
Bacon & cheese roll GF +\$1.00	\$5.00
Oven baked fish and wedges	\$7.30
BBQ Pork ribs and wedges	\$7.30
wraps	
GF +\$1.00	
Salad / vegetarian	\$7.30
Grilled chicken	\$7.30
Crispy chicken	\$7.30
Chicken Caeser	\$7.30
Sweet chilli chicken	\$7.30

See Qkr! for all Gluten Free and Halaal options.



Canteen

ME

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breakfast

Toasted sandwiches White or brown bread. GF bread +\$1.00

Cheese Cheese & tomato Ham & cheese	\$4.00 \$5.00 \$5.50
Hot Chocolate Available before school, during the second recess and the second half of lunch	\$2.80 half of
Cappuccino Only available to senior students	\$3.60
Fresh Fruit Apples, bananas and other fruit in season.	
Up & Go 250ml. Chocolate flavour.	\$3.00
snacks	
Banana Bread	\$3.00
Freshly baked muffins	\$3.00
Popcorn	\$2.40
Jelly cup	\$1.50
Red Rock chips Sea Salt	\$2.00
Quelch Juice Ice blocks Various flavours	60c
Fresh Fruit Apples, bananas and other fruit in season.	
Frozen yoghurt 120ml. Various flavours.	\$2.80

drinks

Still spring water	\$2.00
Waterford's Lite & Fruity 475ml flavoured water. Various flavours. No added sugar.	\$3.00
Groove 350ml sparkling mineral water. Various f No added sugar.	\$2.50 Tavours.
Chill Iced Tea 500ml. Various fruit flavours. No added/Low sugar.	\$3.00
Juicee Crush 250ml fruit juice. Various flavours. No added sugar.	\$2.50
Juice Bomb 250ml carbonated fruit juice. No added sugar.	\$2.50
Carbonated soft drinks Sugar-free. Various flavours	\$3.00
Flavoured milk – 500ml Chocolate / Strawberry / Iced Coffee	\$4.00
Flavoured milk – 300ml Chocolate / Strawberry / Iced Coffee	\$2.80
Up & Go 250ml. Chocolate flavour.	\$3.00
Hot Chocolate Available before school, during the secon recess and the second half of lunch	\$2.80 d half of
Cappuccino Only available to senior students before s	\$3.60 school.

See Qkr! for all Gluten Free and Halaal options.